




Christmas: Festive activity ideas for secondary

<p>Instructions:</p>	<p>This resource includes activity ideas with a festive theme - ideal for the run up to Christmas. The activities are from ASDAN programmes and qualifications, designed for use with learners aged 14+ (Key Stage 4).</p>
 <p>ASDAN Links</p>	<ul style="list-style-type: none"> • FoodWise Short Course • ASDAN Bronze, Silver and Gold Personal Development Programmes • Certificate of Personal Effectiveness (CoPE) qualification: Levels 1 and 2
<p>Skills Development:</p>	<ul style="list-style-type: none"> • Improving Own Learning and Performance • Working With Others • Problem Solving • Research • Discussion • Oral Presentation • Self Management • Leadership • Communication • ICT • Numeracy

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This mapping grid shows how challenges from the [FoodWise Short Course](http://www.asdan.org.uk/FoodWise) can be completed with a Christmas theme: www.asdan.org.uk/FoodWise

Challenge	Description	Notes
Module 1: Healthy Eating, Section A, Challenge 10	Look at a basic recipe for a popular food product, such as a sausage roll or sandwich, and come up with ways you could modify this product to make it healthier. Explain your reasons.	choose a festive food, e.g. mince pies, sausage rolls
Module 3: Food Preparation and Presentation, Section B, Challenge 1	Plan a two-course meal for a special occasion. Look at different ways of presenting the meal, create three different designs and then choose the one that looks the most attractive and state why. Cook your meal and ask for feedback on the presentation. Take a photograph of your finished meal.	plan a Christmas meal
Module 3: Food Preparation and Presentation, Section B, Challenge 5	Choose a pre-packed ready meal and recreate the same meal from fresh ingredients. For both, list the ingredients you used, how much it cost and the time taken to prepare. Compare the cost of both meals and the time it took to prepare. Who might use pre-packed ready meals and when might they be useful? Invite people to a tasting session and ask them to say which they prefer. Make a chart to show your results.	choose a festive food, e.g. mince pies, party food, Christmas pudding
Module 4: Cooking on a Budget, Section A, Challenge 10	Choose a cheaper cut of meat and research three different recipes that use your chosen cut. Select one of the recipes to cook.	find a cheaper alternative to the traditional turkey
Module 4: Cooking on a Budget, Section B, Challenge 5	As a group, organise an event of your choice. Set a catering budget and show how you have planned and worked within this budget. Include evidence to demonstrate that you kept track of your spending. Review how the event went. Did you stick to your budget? What could you do better next time?	plan an end-of-term Christmas party
Module 5: Entertaining, Section A, Challenge 2	Plan a celebration dinner for your family or friends that is based around a religious festival. Create a menu card that could be placed on the table.	Christmas dinner
Module 5: Entertaining, Section A, Challenge 3	Cook the celebration dinner that you have planned in the previous challenge. Include a list of ingredients, costs and photographs of the meal.	Christmas dinner

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Module 1: Communication, Section A, Challenge 5

Find out how to use a piece of equipment or make something.

Give instructions on how to do this.

Skills checklist:

- | | | |
|--|--|--|
| <input type="checkbox"/> Learning | <input type="checkbox"/> Teamwork | <input type="checkbox"/> Problem Solving |
| <input type="checkbox"/> Research | <input type="checkbox"/> Discussion | <input type="checkbox"/> Oral Presentation |
| <input type="checkbox"/> Self Management | <input type="checkbox"/> Leadership | <input type="checkbox"/> Numeracy |
| <input type="checkbox"/> ICT | <input type="checkbox"/> Communication | <input type="checkbox"/> Other: |

Notes:

Christmas origami, papercraft or other craft activity

Taken from ASDAN's Bronze, Silver and Gold Personal Development Programmes:
www.asdan.org.uk/personal_development_programmes

Module 1: Communication, Section B, Challenge 2

Follow diagrams and instructions to make something.

Use your practical experience to improve the diagrams and instructions.

Skills checklist:

- | | | |
|--|--|--|
| <input type="checkbox"/> Learning | <input type="checkbox"/> Teamwork | <input type="checkbox"/> Problem Solving |
| <input type="checkbox"/> Research | <input type="checkbox"/> Discussion | <input type="checkbox"/> Oral Presentation |
| <input type="checkbox"/> Self Management | <input type="checkbox"/> Leadership | <input type="checkbox"/> Numeracy |
| <input type="checkbox"/> ICT | <input type="checkbox"/> Communication | <input type="checkbox"/> Other: |

Notes:

Christmas origami, papercraft or other craft activity

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Christmas: Festive activity ideas for secondary



Module 1: Communication, Section B, Challenge 3

Make a story book for a young child with illustrations and simple text.

Skills checklist:

- | | | |
|--|--|--|
| <input type="checkbox"/> Learning | <input type="checkbox"/> Teamwork | <input type="checkbox"/> Problem Solving |
| <input type="checkbox"/> Research | <input type="checkbox"/> Discussion | <input type="checkbox"/> Oral Presentation |
| <input type="checkbox"/> Self Management | <input type="checkbox"/> Leadership | <input type="checkbox"/> Numeracy |
| <input type="checkbox"/> ICT | <input type="checkbox"/> Communication | <input type="checkbox"/> Other: |

Notes:

give the story book a Christmas theme, e.g. the nativity, the night before Christmas

Taken from ASDAN's Bronze, Silver and Gold Personal Development Programmes:
www.asdan.org.uk/personal_development_programmes

Module 2: The Community, Section A, Challenge 1

Work as a group to make a list of the main organisations that help people in your community. For each organisation include the address, telephone number and a short description of what they do.

Find out more about one of them and present your findings.

Skills checklist:

- | | | |
|--|--|--|
| <input type="checkbox"/> Learning | <input type="checkbox"/> Teamwork | <input type="checkbox"/> Problem Solving |
| <input type="checkbox"/> Research | <input type="checkbox"/> Discussion | <input type="checkbox"/> Oral Presentation |
| <input type="checkbox"/> Self Management | <input type="checkbox"/> Leadership | <input type="checkbox"/> Numeracy |
| <input type="checkbox"/> ICT | <input type="checkbox"/> Communication | <input type="checkbox"/> Other: |

Notes:

focus on organisations that help people around Christmas, e.g. shelters, food banks

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Christmas: Festive activity ideas for secondary



Module 4: Home Management, Section A, Challenge 12

Bake and decorate a cake suitable for a celebration.

Skills checklist:

- | | | |
|--|--|--|
| <input type="checkbox"/> Learning | <input type="checkbox"/> Teamwork | <input type="checkbox"/> Problem Solving |
| <input type="checkbox"/> Research | <input type="checkbox"/> Discussion | <input type="checkbox"/> Oral Presentation |
| <input type="checkbox"/> Self Management | <input type="checkbox"/> Leadership | <input type="checkbox"/> Numeracy |
| <input type="checkbox"/> ICT | <input type="checkbox"/> Communication | <input type="checkbox"/> Other: |

Notes:

a festive cake for Christmas, e.g. Christmas cake, yule log, roulade

Taken from ASDAN's Bronze, Silver and Gold Personal Development Programmes:
www.asdan.org.uk/personal_development_programmes

Module 9: Science and Technology, Section A, Challenge 9

Use design/publishing software to produce one of the following:

- album cover
- poster for an event
- other agreed item
- newsletter
- flyer or leaflet

Skills checklist:

- | | | |
|--|--|--|
| <input type="checkbox"/> Learning | <input type="checkbox"/> Teamwork | <input type="checkbox"/> Problem Solving |
| <input type="checkbox"/> Research | <input type="checkbox"/> Discussion | <input type="checkbox"/> Oral Presentation |
| <input type="checkbox"/> Self Management | <input type="checkbox"/> Leadership | <input type="checkbox"/> Numeracy |
| <input type="checkbox"/> ICT | <input type="checkbox"/> Communication | <input type="checkbox"/> Other: |

Notes:

e.g. Christmas CD cover, poster/flyer for Christmas fayre or party, Christmas cards

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Module 2: Citizenship and Community, Section A, Challenge 6

Find out about the opportunities for voluntary work. Produce information for others.

Skills checklist:

<input type="checkbox"/> Learning	<input type="checkbox"/> Teamwork	<input type="checkbox"/> Problem Solving
<input type="checkbox"/> Research	<input type="checkbox"/> Discussion	<input type="checkbox"/> Oral Presentation
<input type="checkbox"/> Self Management	<input type="checkbox"/> Leadership	<input type="checkbox"/> Numeracy
<input type="checkbox"/> ICT	<input type="checkbox"/> Communication	<input type="checkbox"/> Other:

Notes:

focus on volunteering opportunities around Christmas time, e.g. shelters, food banks

Taken from the Levels 1 and 2 student book for ASDAN's Certificate of Personal Effectiveness (CoPE) qualification: www.asdan.org.uk/CoPE

Module 2: Citizenship and Community, Section B, Challenge 1

Complete community work over 10 hours for one credit or 20 hours for two credits.

- Help to raise money for a good cause
- Carry out voluntary work for a charity
- Help to organise a Christmas party for children/the elderly/disabled groups
- Help run a community event
- Assist in a residential home for the elderly
- Other task negotiated with your tutor

Skills checklist:

<input type="checkbox"/> Learning	<input type="checkbox"/> Teamwork	<input type="checkbox"/> Problem Solving
<input type="checkbox"/> Research	<input type="checkbox"/> Discussion	<input type="checkbox"/> Oral Presentation
<input type="checkbox"/> Self Management	<input type="checkbox"/> Leadership	<input type="checkbox"/> Numeracy
<input type="checkbox"/> ICT	<input type="checkbox"/> Communication	<input type="checkbox"/> Other:

Notes:

focus on community, fundraising or voluntary work with a festive theme

Taken from the Levels 1 and 2 student book for ASDAN's Certificate of Personal Effectiveness (CoPE) qualification: www.asdan.org.uk/CoPE