MY EXPLORER AWARDS











Use the inside pages of this booklet to record your experiences

For each experience you do, ask an adult to:

- fill in the date you completed the experience
- take a photo of your experience and write a caption describing what you did
- sign to say they witnessed your experience

Use the back page of this booklet to record your awards





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Explorer experiences		☑ Date completed	o Photo	Witnessed by
1	Build or experience a den outdoors			
2	Be rolled down a hill			
3	Have fun outside in the rain			
4	Feel or taste falling snow			
5	Fly or watch a kite			
6	Throw a stone in a puddle of water			
7	Collect natural materials on a nature walk			
8	Eat an apple straight from a tree			
9	Make a mud pie			
10	Explore sand between your toes			
11	Explore nature with all senses			
12	Eat, smell or touch blackberries in the wild			
13	Try abseiling or climbing			
14	Explore a tree in every season			
15	Feel like you're flying in the wind			
16	Feed birds or a duck			
17	Raise a butterfly			
18	Plant, grow and eat your own fruit or veg			
19	Roll or lie on the grass			

Explorer experiences		Date completed	Photo	Witnessed by
20	Use a watering can			
21	Touch a bug			
22	Explore frogspawn			
23	Discover what's in a pond			
24	Experience a fire outdoors			
25	Cook on an outdoor fire			
26	Explore a fire steel			
27	Discover what's in a pond			
28	Make owl calling sounds			
29	Make some outdoor perfume			
30	Find a rainbow			
31	Blow a dandelion clock			
32	Watch a snail race			
33	Have a picnic outdoors			
34	Go bird watching			
35	Throw fallen leaves			
36	Build a sandcastle			
37	Explore the outdoors with a magnifying glass			
38	Play peek a boo from behind the trees			
39	Experience a story outdoors			
40	Explore the outdoors barefooted			