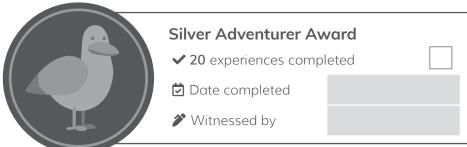
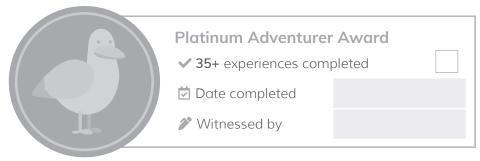
## MY ADVENTURER AWARDS











## Use the inside pages of this booklet to record your experiences

For each experience you do, ask an adult to:

- fill in the date you completed the experience
- take a photo of your experience and write a caption describing what you did
- sign to say they witnessed your experience

Use the back page of this booklet to record your awards





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Adventurer experiences		Date completed	Photo	Witnessed by
1	Climb a tree			
2	Roll down a hill			
3	Camp out			
4	Build a den			
5	Run around in the rain			
6	Skim a stone			
7	Fly a kite			
8	Eat an apple straight from a tree			
9	Play conkers			
10	Throw some snow			
11	Hunt for treasure			
12	Make a mud pie			
13	Partially bury somebody in sand			
14	Set up a snail race			
15	Balance on a fallen tree			
16	Swing on a rope swing			
17	Make a mud slide			
18	Eat blackberries growing in the wild			
19	Take a look inside a tree			
20	Try abseiling or climbing			
21	Feel like you're flying in the wind			

Adventurer experiences		Date completed	Photo	Witnessed by
22	Climb a hill			
23	Feed the birds or ducks			
24	Hunt for bugs			
25	Find some frogspawn			
26	Catch or chase a butterfly			
27	Discover what's in a pond			
28	Make owl calling sounds			
29	Look in a rock pool			
30	Raise a butterfly			
31	Jump in puddles			
32	Plant, grow and eat your own fruit or veg			
33	Go wild swimming			
34	Light a fire without matches			
35	Use a map			
36	Cook on a camp fire			
37	Throw fallen leaves			
38	Go bird watching			
39	Make a home for a wild animal or bug			
40	Explore the outdoors barefooted			