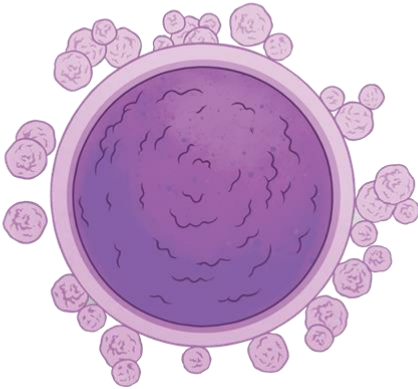
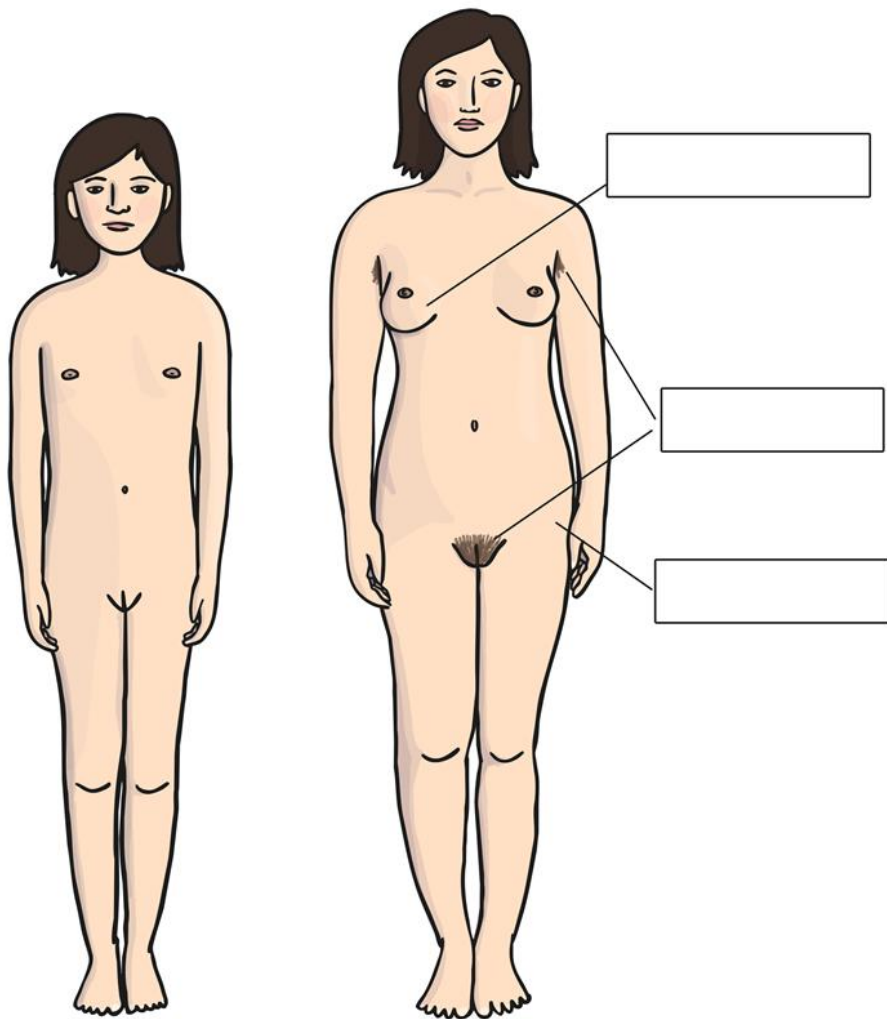


All About Puberty



Name:

How a girl's body changes:



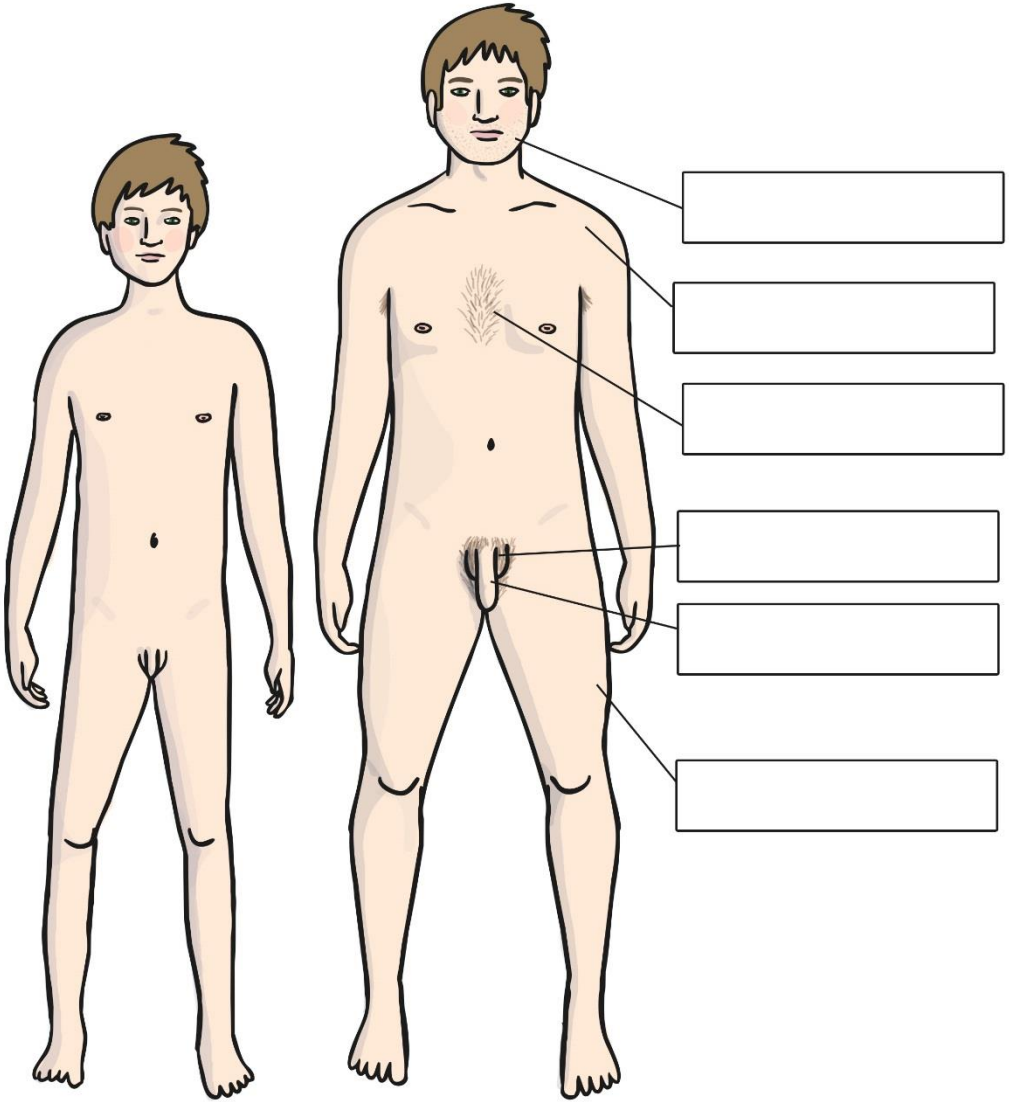
Menstruation is:

When a girl is on her period she will need:

When a girl is on her period she may feel:

Things a girl may need to do when she is on her period:

How a boy's body changes:



An erection is:

This can happen when:

When this happens at night it is called:

Things a boy may need to do when this happens:
