Online Safety and Screen Time

We are often asked by parents for support on how to manage screen time at home. There are no set rules on how much screen time a child or young person should have but government guidelines are clear in saying that screen time should not have impact on daily routines and other important activities such as playing board games, going on a walk or family time eating together.

There are many apps on the market to help support parents in ensuring their children are safe on-line and to monitor screen time.

We have listed below a few of the most popular that are currently available.

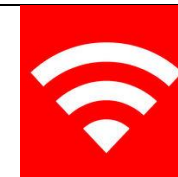| **Kids Place**	**Google Family Link for Parents**
Kids Place is an app created to control their children's activity and Screen Time on phones and tablets. - Decide which app and tool that can be accessed. - Activate blocking options for purchases from Google Play and don't allow new apps to be download. - Set a timer to limit the use of the device and control their screen time. - Children cannot bypass parental control settings or delete the app.	For young children or children in their teens, the Family Link app sets digital ground rules to help guide children as they learn, play, and explore online. - View their activity - Manage their apps **Keep an eye on screen time** - Set limits - Lock their device
Screen Time Parental Control	**Wi-Fi Blocker** (available from Apple Store)
Screen Time is a parental control app that helps parents manage and control the amount of time their kids spend on smartphones and tablets. Limit children's daily use, block specific apps, approve new apps, block certain times of day (e.g. bedtime) and reward extra time for good behaviour.	Wi-Fi Blocker allows you to quickly and easily block any or all devices from your router modem Wi-Fi internet connection. - Individually block any device - Block all devices - See who's connected to your Wi-Fi