



St. Anthony's School



Secondary Department

Information for Parents/Carers

When your child comes to the Secondary Department of St. Anthony's School there will be lots of questions you will no doubt want answering.

We hope that the information in this booklet, will help you to find some of those answers.

If you have any concerns please do not hesitate to contact us.

The staff wish to provide a happy and stimulating environment to meet your child's individual needs.

We aim to prepare your child in the best possible way to participate fully in their adult life.

We believe that the student's needs are best met when home and school work together.

We look forward to working with you.



Multi-use Games Area



Music Room



Art Room



Information Technology Room

St. Anthony's School
Woodlands Lane
Chichester
West Sussex
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SPECIAL SCHOOL MENU 2021/22

WEEK 1

19th Apr - 10th May - 7th Jun - 28th Jun - 19th Jul - 13th Sep - 4th Oct - 1st Nov - 22nd Nov - 13th Dec - 17th Jan - 7th Feb - 7th Mar

MAINS

SIDES

DESSERT

MON

Option 1:
Southern Spiced
Burger in a Bap/
Potato Wedges

Option 2:
Vegetable Goulash, Rice

Broccoli
Baked Beans

Strawberry
Taco

TUES

Option 1:
Roast Pork,
Roast potatoes

Option 2:
Chickpea Roast,
Roast potatoes

Swede,
Cabbage

Fruity Yoghurt
Crunch

WED

Option 1:
Chicken & Spinach
Lasagne, Garlic Bread

Option 2:
Root & Lentil Casserole,
Herby Diced Potatoes

Carrots, Chef's Choice

Fruit
Shortbread

THUR

Option 1:
BBQ Sausage,
Mashed Potato

Option 2:
Quorn Curry,
Rice

Cauliflower,
Sweetcorn

Melon Slice,
Milkshake

FRI

Option 1:
Salmon Fishcake,
Herby Diced Sweet
Potatoes

Option 2:
Chickpea Tagine

Roasted Root
Vegetables

Chocolate &
Banana Muffin

WEEK 2

26th Apr - 17th May - 14th Jun - 5th Jul - 2nd Sep - 20th Sep - 11th Oct - 8th Nov - 29th Nov - 4th Jan - 24th Jan - 14th Feb - 14th Mar - 4th Apr

MAINS

SIDES

DESSERT

MON

Option 1:
Pizza

Option 2:
Sweet & Sour Quorn,
Rice

Peas & Sweetcorn,
Carrots

Chocolate
Brownie

TUES

Option 1:
Chicken Meatballs,
Mashed Potato

Option 2:
Bean Chilli
Jacket Potato

Country Mixed
Vegetables

Lemon Iced
Buns

WED

Option 1:
Roast Gammon,
Roast Potatoes

Option 2:
Lentil Roast,
Roast Potatoes

Carrots, Cabbage

Pear Turnover

THUR

Option 1:
Beef Bolognese,
Pasta

Option 2:
Quorn Pie,
Potato Wedges

Cauliflower, Green Beans

Fruit
Flapjack

FRI

Option 1:
Tuna Pasta Bake,
Herby Diced
Sweet Potatoes

Option 2:
Vegetable Goujons,
Pasta

Roast of vegetables
Chef's Choice

Chef's Choice
Fruit & Coconut
Crumble &
Custard

WEEK 3

3rd May - 24th May - 21st Jun - 12th Jul - 6th Sep - 27th Sep - 18th Oct - 15th Nov - 6th Dec - 10th Jan - 31st Jan - 28th Feb - 21st Mar

MAINS

SIDES

DESSERT

MON

Option 1:
Macaroni Cheese,
Pasta

Option 2:
Quorn Hotdog Twist,
Potato Wedges

Broccoli, Baked Beans

Chef's Choice
Fruit Cookie

TUES

Option 1:
BBQ Chicken,
Herby Diced Potatoes

Option 2:
Mushroom & Lentil
Bolognese, Pasta

Cauliflower, Sweetcorn

Pineapple
Upside Down
Cake, Custard

WED

Option 1:
Beef Lasagne,
Garlic Bread

Option 2:
Spinach Frittata,
Garlic Bread

Carrots, Peas

Peach
Cheesecake

THUR

Option 1:
Roast Chicken,
Roast Potatoes

Option 2:
Quorn Roast,
Roast Potatoes

Swede, Cabbage

Iced Fruit
Smoothie

FRI

Option 1:
Fish Fingers, Wrap

Option 2:
Bean Wrap, Chips

Country Mixed Veg

Chef's Choice
Fruit Pie,
Custard

WEEK 4

5th May - 26th May - 23rd Jun - 14th Jul - 8th Sep - 29th Sep - 20th Oct - 17th Nov - 8th Dec - 12th Jan - 31st Jan - 28th Feb - 21st Mar

MAINS

SIDES

DESSERT

MON

Option 1:
Beef Lasagne, Pasta

Option 2:
Quorn Hotdog Twist, Potato Wedges

Broccoli, Baked Beans

Chef's Choice
Fruit Cookie

TUES

Option 1:
Beef Bolognese, Pasta

Option 2:
Mushroom & Lentil Bolognese, Pasta

Cauliflower, Sweetcorn

Pineapple Upside Down Cake, Custard

WED

Option 1:
Chicken & Spinach Lasagne, Garlic Bread

Option 2:
Spinach Frittata, Garlic Bread

Carrots, Peas

Peach Cheesecake

THUR

Option 1:
Roast Chicken, Roast Potatoes

Option 2:
Quorn Roast, Roast Potatoes

Swede, Cabbage

Iced Fruit Smoothie

FRI

Option 1:
Fish Fingers, Wrap

Option 2:
Bean Wrap, Chips

Country Mixed Veg

Chef's Choice
Fruit Pie,
Custard

WEEK 5

12th May - 3rd Jun - 27th Jun - 18th Jul - 12th Sep - 3rd Oct - 30th Oct - 27th Nov - 18th Dec - 22nd Jan - 13th Feb - 7th Mar - 4th Apr

MAINS

SIDES

DESSERT

MON

Option 1:
Beef Lasagne, Pasta

Option 2:
Quorn Hotdog Twist, Potato Wedges

Broccoli, Baked Beans

Chef's Choice
Fruit Cookie

TUES

Option 1:
Beef Bolognese, Pasta

Option 2:
Mushroom & Lentil Bolognese, Pasta

Cauliflower, Sweetcorn

Pineapple Upside Down Cake, Custard

WED

Option 1:
Chicken & Spinach Lasagne, Garlic Bread

Option 2:
Spinach Frittata, Garlic Bread

Carrots, Peas

Peach Cheesecake

THUR

Option 1:
Roast Chicken, Roast Potatoes

Option 2:
Quorn Roast, Roast Potatoes

Swede, Cabbage

Iced Fruit Smoothie

FRI

Option 1:
Fish Fingers, Wrap

Option 2:
Bean Wrap, Chips

Country Mixed Veg

Chef's Choice
Fruit Pie,
Custard

WEEK 6

19th May - 9th Jun - 3rd Jul - 27th Jul - 20th Sep - 11th Oct - 8th Nov - 29th Nov - 4th Jan - 24th Jan - 14th Feb - 14th Mar - 4th Apr

MAINS

SIDES

DESSERT

MON

Option 1:
Beef Lasagne, Pasta

Option 2:
Quorn Hotdog Twist, Potato Wedges

Broccoli, Baked Beans

Chef's Choice
Fruit Cookie

TUES

Option 1:
Beef Bolognese, Pasta

Option 2:
Mushroom & Lentil Bolognese, Pasta

Cauliflower, Sweetcorn

Pineapple Upside Down Cake, Custard

WED

Option 1:
Chicken & Spinach Lasagne, Garlic Bread

Option 2:
Spinach Frittata, Garlic Bread

Carrots, Peas

Peach Cheesecake

THUR

Option 1:
Roast Chicken, Roast Potatoes

Option 2:
Quorn Roast, Roast Potatoes

Swede, Cabbage

Iced Fruit Smoothie

FRI

Option 1:
Fish Fingers, Wrap

Option 2:
Bean Wrap, Chips

Country Mixed Veg

Chef's Choice
Fruit Pie,
Custard

WEEK 7

26th May - 16th Jun - 10th Jul - 4th Sep - 25th Sep - 16th Oct - 13th Nov - 4th Dec - 8th Jan - 29th Jan - 20th Feb - 14th Mar - 11th Apr

MAINS

SIDES

DESSERT

MON

Option 1:
Beef Lasagne, Pasta

Option 2:
Quorn Hotdog Twist, Potato Wedges

Broccoli, Baked Beans

Chef's Choice
Fruit Cookie

TUES

Option 1:
Beef Bolognese, Pasta

Option 2:
Mushroom & Lentil Bolognese, Pasta

Cauliflower, Sweetcorn

Pineapple Upside Down Cake, Custard

WED

Option 1:
Chicken & Spinach Lasagne, Garlic Bread

Option 2:
Spinach Frittata, Garlic Bread

Carrots, Peas

Peach Cheesecake

THUR

Option 1:
Roast Chicken, Roast Potatoes

Option 2:
Quorn Roast, Roast Potatoes

Swede, Cabbage

Iced Fruit Smoothie

FRI

Option 1:
Fish Fingers, Wrap

Option 2:
Bean Wrap, Chips

Country Mixed Veg

Chef's Choice
Fruit Pie,
Custard

WEEK 8

2nd Jun - 23rd Jun - 17th Jul - 11th Sep - 2nd Oct - 29th Oct - 26th Nov - 17th Dec - 21st Jan - 12th Feb - 6th Mar - 3rd Apr

MAINS

SIDES

DESSERT

MON

Option 1:
Beef Lasagne, Pasta

Option 2:
Quorn Hotdog Twist, Potato Wedges

Broccoli, Baked Beans

Chef's Choice
Fruit Cookie

TUES

Option 1:
Beef Bolognese, Pasta

Option 2:
Mushroom & Lentil Bolognese, Pasta

Cauliflower, Sweetcorn

Pineapple Upside Down Cake, Custard

WED

Option 1:
Chicken & Spinach Lasagne, Garlic Bread

Option 2:
Spinach Frittata, Garlic Bread

Carrots, Peas

Peach Cheesecake

THUR

Option 1:
Roast Chicken, Roast Potatoes

Option 2:
Quorn Roast, Roast Potatoes

Swede, Cabbage

Iced Fruit Smoothie

FRI

Option 1:
Fish Fingers, Wrap

Option 2:
Bean Wrap, Chips

Country Mixed Veg

Chef's Choice
Fruit Pie,
Custard

WEEK 9

9th Jun - 30th Jun - 24th Jul - 18th Sep - 9th Oct - 6th Nov - 27th Nov - 18th Dec - 22nd Jan - 13th Feb - 7th Mar - 4th Apr

MAINS

SIDES

DESSERT

MON

Option 1:
Beef Lasagne, Pasta

Option 2:
Quorn Hotdog Twist, Potato Wedges

Broccoli, Baked Beans

Chef's Choice
Fruit Cookie

TUES

Option 1:
Beef Bolognese, Pasta

Option 2:
Mushroom & Lentil Bolognese, Pasta

Cauliflower, Sweetcorn

Pineapple Upside Down Cake, Custard

WED

Option 1:
Chicken & Spinach Lasagne, Garlic Bread

Option 2:
Spinach Frittata, Garlic Bread

Carrots, Peas

Peach Cheesecake

THUR

Option 1:
Roast Chicken, Roast Potatoes

Option 2:
Quorn Roast, Roast Potatoes

Swede, Cabbage

Iced Fruit Smoothie

FRI

Option 1:
Fish Fingers, Wrap

Option 2:
Bean Wrap, Chips

Country Mixed Veg

Chef's Choice
Fruit Pie,
Custard

WEEK 10

16th Jun - 7th Jul - 1st Sep - 24th Sep - 15th Oct - 12th Nov - 3rd Dec - 7th Jan - 28th Jan - 19th Feb - 13th Mar - 10th Apr

MAINS

SIDES

DESSERT

MON

Option 1:
Beef Lasagne, Pasta

Option 2:
Quorn Hotdog Twist, Potato Wedges

Broccoli, Baked Beans

Chef's Choice
Fruit Cookie

TUES

Option 1:
Beef Bolognese, Pasta

Option 2:
Mushroom & Lentil Bolognese, Pasta

Cauliflower, Sweetcorn

Pineapple Upside Down Cake, Custard

WED

Option 1:
Chicken & Spinach Lasagne, Garlic Bread

Option 2:
Spinach Frittata, Garlic Bread

Carrots, Peas

Peach Cheesecake

THUR

Option 1:
Roast Chicken, Roast Potatoes

Option 2:
Quorn Roast, Roast Potatoes

Swede, Cabbage

Iced Fruit Smoothie

FRI

Option 1:
Fish Fingers, Wrap

Option 2:
Bean Wrap, Chips

Country Mixed Veg

Chef's Choice
Fruit Pie,
Custard

WEEK 11

23rd Jun - 14th Jul - 8th Sep - 29th Sep - 20th Oct - 17th Nov - 8th Dec - 12th Jan - 31st Jan - 28th Feb - 21st Mar

MAINS

SIDES

DESSERT

MON

Option 1:
Beef Lasagne, Pasta

Option 2:
Quorn Hotdog Twist, Potato Wedges

Broccoli, Baked Beans

Chef's Choice
Fruit Cookie

TUES

Option 1:
Beef Bolognese, Pasta

Option 2:
Mushroom & Lentil Bolognese, Pasta

Cauliflower, Sweetcorn

Pineapple Upside Down Cake, Custard

WED

Option 1:
Chicken & Spinach Lasagne, Garlic Bread

Option 2:
Spinach Frittata, Garlic Bread

Carrots, Peas

Peach Cheesecake

THUR

Option 1:
Roast Chicken, Roast Potatoes

Option 2:
Quorn Roast, Roast Potatoes

Swede, Cabbage

Iced Fruit Smoothie

FRI

Option 1:
Fish Fingers, Wrap

Option 2:
Bean Wrap, Chips

Country Mixed Veg

Chef's Choice
Fruit Pie,
Custard

WEEK 12

30th Jun - 21st Jul - 15th Sep - 6th Oct - 3rd Nov - 24th Nov - 15th Dec - 19th Jan - 10th Feb - 4th Mar - 1st Apr

MAINS

SIDES

DESSERT

MON

Option 1:
Beef Lasagne, Pasta

Option 2:
Quorn Hotdog Twist, Potato Wedges

Broccoli, Baked Beans

Chef's Choice
Fruit Cookie

TUES

Option 1:
Beef Bolognese, Pasta

Option 2:
Mushroom & Lentil Bolognese, Pasta

Cauliflower, Sweetcorn

Pineapple Upside Down Cake, Custard

WED

Option 1:
Chicken & Spinach Lasagne, Garlic Bread

Option 2:
Spinach Frittata, Garlic Bread

Carrots, Peas

Peach Cheesecake

THUR

Option 1:
Roast Chicken, Roast Potatoes

Option 2:
Quorn Roast, Roast Potatoes

Swede, Cabbage

Iced Fruit Smoothie

FRI

Option 1:
Fish Fingers, Wrap

Option 2:
Bean Wrap, Chips

Country Mixed Veg

Chef's Choice
Fruit Pie,
Custard

WEEK 13

7th Jul - 28th Jul - 22nd Sep - 13th Oct - 10th Nov - 1st Dec - 5th Jan - 26th Jan - 17th Feb - 11th Mar - 8th Apr

MAINS

SIDES

DESSERT

MON

Option 1:
Beef Lasagne, Pasta

Option 2:
Quorn Hotdog Twist, Potato Wedges

Broccoli, Baked Beans

Chef's Choice
Fruit Cookie

TUES

Option 1:
Beef Bolognese, Pasta

Option 2:
Mushroom & Lentil Bolognese, Pasta

Cauliflower, Sweetcorn

Pineapple Upside Down Cake, Custard

WED

Option 1:
Chicken & Spinach Lasagne, Garlic Bread

Option 2:
Spinach Frittata, Garlic Bread

Carrots, Peas

Peach Cheesecake

THUR

Option 1:
Roast Chicken, Roast Potatoes

Option 2:
Quorn Roast, Roast Potatoes

Swede, Cabbage

Iced Fruit Smoothie

FRI

Option 1:
Fish Fingers, Wrap

Option 2:
Bean Wrap, Chips

Country Mixed Veg

Chef's Choice
Fruit Pie,
Custard

WEEK 14

14th Jul - 5th Aug - 29th Sep - 20th Oct - 17th Nov - 8th Dec - 12th Jan - 31st Jan - 28th Feb - 21st Mar

MAINS

SIDES

DESSERT

MON

Option 1:
Beef Lasagne, Pasta

Option 2:
Quorn Hotdog Twist, Potato Wedges

Broccoli, Baked Beans

Chef's Choice
Fruit Cookie

TUES

Option 1:
Beef Bolognese, Pasta

Option 2:
Mushroom & Lentil Bolognese, Pasta

Cauliflower, Sweetcorn

Pineapple Upside Down Cake, Custard

WED

Option 1:
Chicken & Spinach Lasagne, Garlic Bread

Option 2:
Spinach Frittata, Garlic Bread

Carrots, Peas

Peach Cheesecake

THUR

Option 1:
Roast Chicken, Roast Potatoes

Option 2:
Quorn Roast, Roast Potatoes

Swede, Cabbage

Iced Fruit Smoothie

FRI

Option 1:
Fish Fingers, Wrap

Option 2:
Bean Wrap, Chips

Country Mixed Veg

Chef's Choice
Fruit Pie,
Custard

WEEK 15

21st Jul - 12th Aug - 6th Sep - 29th Sep - 20th Oct - 17th Nov - 8th Dec - 12th Jan - 31st Jan - 28th Feb - 21st Mar

MAINS

SIDES

DESSERT

MON

Option 1:
Beef Lasagne, Pasta

Option 2:
Quorn Hotdog Twist, Potato Wedges

Broccoli, Baked Beans

Chef's Choice
Fruit Cookie

TUES

Option 1:
Beef Bolognese, Pasta

Option 2:
Mushroom & Lentil Bolognese, Pasta

Cauliflower, Sweetcorn

Pineapple Upside Down Cake, Custard

WED

Option 1:
Chicken & Spinach Lasagne, Garlic Bread

Option 2:
Spinach Frittata, Garlic Bread

Carrots, Peas

Peach Cheesecake

THUR

Option 1:
Roast Chicken, Roast Potatoes

Option 2:
Quorn Roast, Roast Potatoes

Swede, Cabbage

Iced Fruit Smoothie

FRI

Option 1:
Fish Fingers, Wrap

Option 2:
Bean Wrap, Chips

Country Mixed Veg

Chef's Choice
Fruit Pie,
Custard

WEEK 16

28th Jul - 19th Aug - 13th Sep - 4th Oct - 1st Nov - 22nd Nov - 13th Dec - 17th Jan - 7th Feb - 7th Mar

MAINS

SIDES

DESSERT

MON

Option 1:
Beef Lasagne, Pasta

Option 2:
Quorn Hotdog Twist, Potato Wedges

Broccoli, Baked Beans

Chef's Choice
Fruit Cookie

TUES

Option 1:
Beef Bolognese, Pasta

Option 2:
Mushroom & Lentil Bolognese, Pasta

Cauliflower, Sweetcorn

Pineapple Upside Down Cake, Custard

WED

Option 1:
Chicken & Spinach Lasagne, Garlic Bread

Option 2:
Spinach Frittata, Garlic Bread

Carrots, Peas

Peach Cheesecake

THUR

Option 1:
Roast Chicken, Roast Potatoes

Option 2:
Quorn Roast, Roast Potatoes

Swede, Cabbage

Iced Fruit Smoothie

FRI

Option 1:
Fish Fingers, Wrap

Option 2:
Bean Wrap, Chips

Country Mixed Veg

Chef's Choice
Fruit Pie,
Custard

WEEK 17

4th Aug - 26th Aug - 20th Sep - 11th Oct - 8th Nov - 29th Nov - 4th Jan - 24th Jan - 14th Feb - 14th Mar - 4th Apr

MAINS

SIDES

DESSERT

MON

Option 1:
Beef Lasagne, Pasta

Option 2:
Quorn Hotdog Twist, Potato Wedges

Broccoli, Baked Beans

Chef's Choice
Fruit Cookie

TUES

Option 1:
Beef Bolognese, Pasta

Option 2:
Mushroom & Lentil Bolognese, Pasta

Cauliflower, Sweetcorn

Pineapple Upside Down Cake, Custard

WED

Option 1:
Chicken & Spinach Lasagne, Garlic Bread

Option 2:
Spinach Frittata, Garlic Bread

Carrots, Peas

Peach Cheesecake

THUR

Option 1:
Roast Chicken, Roast Potatoes

Option 2:
Quorn Roast, Roast Potatoes

Swede, Cabbage

Iced Fruit Smoothie

FRI

Option 1:
Fish Fingers, Wrap

Option 2:
Bean Wrap, Chips

Country Mixed Veg

Chef's Choice
Fruit Pie,
Custard

WEEK 18

11th Aug - 2nd Sep - 27th Sep - 18th Oct - 15th Nov - 6th Dec - 10th Jan - 31st Jan - 28th Feb - 21st Mar

MAINS

SIDES

DESSERT

MON

Option 1:
Beef Lasagne, Pasta

Option 2:
Quorn Hotdog Twist, Potato Wedges

Broccoli, Baked Beans

Chef's Choice
Fruit Cookie

TUES

Option 1:
Beef Bolognese, Pasta

Option 2:
Mushroom & Lentil Bolognese, Pasta

Cauliflower, Sweetcorn

Pineapple Upside Down Cake, Custard

WED

Option 1:
Chicken & Spinach Lasagne, Garlic Bread

Option 2:
Spinach Frittata, Garlic Bread

Carrots, Peas

Peach Cheesecake

THUR

Option 1:
Roast Chicken, Roast Potatoes

Option 2:
Quorn Roast, Roast Potatoes

Swede, Cabbage

Iced Fruit Smoothie

FRI

Option 1:
Fish Fingers, Wrap

Option 2:
Bean Wrap, Chips

Country Mixed Veg

Chef's Choice
Fruit Pie,
Custard

WEEK 19

18th Aug - 9th Sep - 3rd Sep - 26th Sep - 19th Oct - 16th Nov - 7th Dec - 11th Jan - 2nd Feb - 27th Feb - 20th Mar

MAINS

SIDES

DESSERT

MON

Option 1:
Beef Lasagne, Pasta

Option 2:
Quorn Hotdog Twist, Potato Wedges

Broccoli, Baked Beans

Chef's Choice
Fruit Cookie

TUES

Option 1:
Beef Bolognese, Pasta

Option 2:
Mushroom & Lentil Bolognese, Pasta

Cauliflower, Sweetcorn

Pineapple Upside Down Cake, Custard

WED

Option 1:
Chicken & Spinach Lasagne, Garlic Bread

Option 2:
Spinach Frittata, Garlic Bread

Carrots, Peas

Peach Cheesecake

THUR

Option 1:
Roast Chicken, Roast Potatoes

Option 2:
Quorn Roast, Roast Potatoes

Swede, Cabbage

Iced Fruit Smoothie

FRI

Option 1:
Fish Fingers, Wrap

Option 2:
Bean Wrap, Chips

Country Mixed Veg

Chef's Choice
Fruit Pie,
Custard

WEEK 20

25th Aug - 16th Sep - 10th Sep - 3rd Sep - 26th Sep - 19th Oct - 16th Nov - 7th Dec - 11th Jan - 2nd Feb - 27th Feb - 20th Mar

MAINS

SIDES

DESSERT

MON

Option 1:
Beef Lasagne, Pasta

Option 2:
Quorn Hotdog Twist, Potato Wedges

Broccoli, Baked Beans

Chef's Choice
Fruit Cookie

TUES

Option 1:
Beef Bolognese, Pasta

Option 2:
Mushroom & Lentil Bolognese, Pasta

Cauliflower, Sweetcorn

Pineapple Upside Down Cake, Custard

WED

Option 1:
Chicken & Spinach Lasagne, Garlic Bread

Option 2:
Spinach Frittata, Garlic Bread

Carrots, Peas

Peach Cheesecake

THUR

Option 1:
Roast Chicken, Roast Potatoes

Option 2:
Quorn Roast, Roast Potatoes

Swede, Cabbage

Iced Fruit Smoothie

FRI

Option 1:
Fish Fingers, Wrap

Option 2:
Bean Wrap, Chips

Country Mixed Veg

Chef's Choice
Fruit Pie,
Custard

WEEK 21

1st Sep - 23rd Sep - 17th Sep - 10th Sep - 3rd Sep - 26th Sep - 19th Oct - 16th Nov - 7th Dec - 11th Jan - 2nd Feb - 27th Feb - 20th Mar

MAINS

SIDES

DESSERT

MON

Option 1:
Beef Lasagne, Pasta

Option 2:
Quorn Hotdog Twist, Potato Wedges

Broccoli, Baked Beans

Chef's Choice
Fruit Cookie

TUES

Option 1:
Beef Bolognese, Pasta

Option 2:
Mushroom & Lentil Bolognese, Pasta

Cauliflower, Sweetcorn

Pineapple Upside Down Cake, Custard

WED

Option 1:
Chicken & Spinach Lasagne, Garlic Bread

Option 2:
Spinach Frittata, Garlic Bread

Carrots, Peas

Peach Cheesecake

THUR

Option 1:
Roast Chicken, Roast Potatoes

Option 2:
Quorn Roast, Roast Potatoes

Swede, Cabbage

Iced Fruit Smoothie

FRI

Option 1:
Fish Fingers, Wrap

Option 2:
Bean Wrap, Chips

Country Mixed Veg

Chef's Choice
Fruit Pie,
Custard

WEEK 22

8th Sep - 29th Sep - 23rd Sep - 16th Sep - 9th Sep - 2nd Sep - 26th Sep - 19th Oct - 16th Nov - 7th Dec - 11th Jan - 2nd Feb - 27th Feb - 20th Mar

MAINS

SIDES

DESSERT

MON

Option 1:
Beef Lasagne, Pasta

Option 2:
Quorn Hotdog Twist, Potato Wedges

Broccoli, Baked Beans

Chef's Choice
Fruit Cookie

TUES

Option 1:
Beef Bolognese, Pasta

Option 2:
Mushroom & Lentil Bolognese, Pasta

Cauliflower, Sweetcorn

Pineapple Upside Down Cake, Custard

WED

Option 1:
Chicken & Spinach Lasagne, Garlic Bread

Option 2:
Spinach Frittata, Garlic Bread

Carrots, Peas

Peach Cheesecake

THUR

Option 1:
Roast Chicken, Roast Potatoes

Option 2:
Quorn Roast, Roast Potatoes

Swede, Cabbage

Iced Fruit Smoothie

FRI

Option 1:
Fish Fingers, Wrap

Option 2:
Bean Wrap, Chips

Country Mixed Veg

Chef's Choice
Fruit Pie,
Custard

WEEK 23

15th Sep - 6th Oct - 30th Sep - 23rd Sep - 16th Sep - 9th Sep - 2nd Sep - 26th Sep - 19th Oct - 16th Nov - 7th Dec - 11th Jan - 2nd Feb - 27th Feb - 20th Mar

MAINS

SIDES

DESSERT

MON

Option 1:
Beef Lasagne, Pasta

Option 2:
Quorn Hotdog Twist, Potato Wedges

Broccoli, Baked Beans

Chef's Choice
Fruit Cookie

TUES

Option 1:
Beef Bolognese, Pasta

Option 2:
Mushroom & Lentil Bolognese, Pasta

Cauliflower, Sweetcorn

Pineapple Upside Down Cake, Custard

WED

Option 1:
Chicken & Spinach Lasagne, Garlic Bread

Option 2:
Spinach Frittata, Garlic Bread

Carrots, Peas

Peach Cheesecake

THUR

Option 1:
Roast Chicken, Roast Potatoes

Option 2:
Quorn Roast, Roast Potatoes

Swede, Cabbage

Iced Fruit Smoothie

FRI

Option 1:
Fish Fingers, Wrap

Option 2:
Bean Wrap, Chips

Country Mixed Veg

Chef's Choice
Fruit Pie,
Custard

WEEK 24

22nd Sep - 13th Oct - 7th Oct - 30th Sep - 23rd Sep - 16th Sep - 9th Sep - 2nd Sep - 26th Sep - 19th Oct - 16th Nov - 7th Dec - 11th Jan - 2nd Feb - 27th Feb - 20th Mar

MAINS

SIDES

DESSERT

MON

Option 1:
Beef Lasagne, Pasta

Option 2:
Quorn Hotdog Twist, Potato Wedges

Broccoli, Baked Beans

Chef's Choice
Fruit Cookie

TUES

Option 1:
Beef Bolognese, Pasta

Option 2:
Mushroom & Lentil Bolognese, Pasta

Cauliflower, Sweetcorn

Pineapple Upside Down Cake, Custard

WED

Option 1:
Chicken & Spinach Lasagne, Garlic Bread

Option 2:
Spinach Frittata, Garlic Bread

Carrots, Peas

Peach Cheesecake

THUR

Option 1:
Roast Chicken, Roast Potatoes

Option 2:
Quorn Roast, Roast Potatoes

Swede, Cabbage

Iced Fruit Smoothie

FRI

Option 1:
Fish Fingers, Wrap

Option 2:
Bean Wrap, Chips

Country Mixed Veg

Chef's Choice
Fruit Pie,
Custard

WEEK 25

29th Sep - 20th Oct - 14th Oct - 7th Oct - 30

SPECIAL SCHOOL MENU 2021/22

Welcome to your new school meals menu. School meals are free for all pupils in Reception, Year 1 and Year 2 and for pupils who are entitled to Free School Meals (FSM). For pupils in other years meals can be ordered, and paid for at the school office.

HOW DO I ORDER AND PAY FOR A SCHOOL MEAL?

All meals must be ordered at your school office. If you are entitled to FSM or your child is in Reception, Year 1 or 2 the school will order for you with the kitchen and you do not need to contact the school after your initial order.

WHAT HAPPENS IF MY CHILD IS SICK AND CANNOT ATTEND SCHOOL?

Please contact the school office as soon as possible to inform them your child will be absent and will not require their meal.

WHAT HAPPENS IF MY CHILD HAS A SCHOOL TRIP?

FSM and pupils in Reception, Years 1 & 2 will be provided with packed meals on trip days, the school will order this with the kitchen. Paid meals should be ordered with your school as usual.

KEY CONTACTS:

Orders / Payments / Cancellations - Your school office.
Special Diets - Your school office in the first instance.
Office Hours - School opening hours.
Compliments / Complaints / Feedback - catering.advisory.service@westsussex.gov.uk

LUNCH TIME

AS PART OF OUR COMMITMENT TO GREAT SCHOOL MEALS WE;

- Work with the Lead Association for Catering in Education (LACA) to ensure that our menus comply with the Government's School Food Standards and are proud to display LACA endorsement on our menus.
- Can work with you and the school to tailor your child's menu to support their medically prescribed special diet. Please ask for a Special Diet Request Form from the school office, once completed return with the medical evidence to the school office. This request will then be passed to and reviewed by the Catering Team and where possible a special diet meal will be provided.
- Have reduced sugar, salt and fat content on our menu.
- Produce meals in school by our highly trained and award winning teams.
- Work with schools to support your child's lunchtime experience.



Are you claiming your free school meal?

If you are in receipt of certain benefits your child may be entitled to Free School Meals (FSM).

Visit www.westsussex.gov.uk for more information.

01243 752 835 or fsm@westsussex.gov.uk

Tutor Groups in the Secondary Department

Year 7

7TK	Mrs Knee and Mrs Treloar
7PC	Mrs Collins and Mrs Pratt

Year 8

8C	Miss Curl
8W	Mr Woolmer

Year 9

9B	Mr Bridges
9KL	Miss Kennedy and Ms Leney
9SW	Mrs Styles and Mrs Wood

Year 10

10P	Mrs Paige
10K	Mr Komolafe
10H	Mrs Horrod and Mr Armstead

Year 11

11C	Mrs Correia
11K	Mrs Thomas

Secondary Department Staff

Teaching Staff

Miss Ball	Headteacher
Miss Aspden	Deputy Head, Primary Leader, SENCO, Outreach
Mrs Dearlove	Assistant Head, Training and Learning
Mrs Spalding	Assistant Head, Secondary Lead, Curriculum
Mrs Summerfield	Senior Leader– Personalised Learning, Support Centre Co-ordinator
Mrs Bizouam	French Teacher
Mr Bridges	IT Teacher
Mrs Collins	PE Teacher
Mrs Correia	English Teacher
Mrs Curl	Maths Teacher
Mrs Horrod	Maths Teacher
Miss Kennedy	Drama Teacher
Mr Komolafe	Science Teacher
Ms Leney	Art & Design/Technology Teacher
Mrs Paige	English Co-ordinator
Mrs Pratt	Food Tech Teacher
Mrs Styles	History Teacher
Mrs Thomas	PSD/PE Teacher, Health Co-ordinator
Mrs Wood	Food Tech Teacher
Miss Woollam	Geography Teacher
Mr Woolmer	Mr Woolmer

Associate Teachers

Mrs Morgan	Speech & Language
Mrs Treloar	Support Centre
Mrs Hills	Dance Movement Psychotherapist
Mrs Knee	Support Centre
Mrs Wilson	Support Centre

Emergency School Closure

A decision to close the school is not taken lightly and is usually made if there are health and safety issues. The safety of pupils and staff is the prime concern in any decision made. A decision will be made as early as possible, usually by 7am. If the school has to close, parents/carers will be informed in the following ways:

- **Parentmail** — the system sends parents and carers texts and emails with emergency information and reminders about school events such as parents/carers evenings and sports day.
- **School Website**—information regarding closure and reopening will be available on the school website homepage: www.st-ants.org
- **West Sussex County Council Website** – West Sussex County Council are informed if the school is closed and should post the information on their website from 7am.

School Term and Holiday Dates 2021-2022

Autumn Term 2021

[Inset Day](#)

[Inset Day](#)

Term starts for pupils

Half Term:

Term ends

[Thursday 2 September](#)

[Friday 3 September](#)

Monday 6 September

Monday 25 - Friday 29 October

Friday 17 December

Spring Term 2022

Term starts for pupils

[Inset Day](#)

[Inset Day](#)

Half Term

Term ends

Tuesday 4 January

[Thursday 17 February](#)

[Friday 18 February](#)

Monday 21 - Friday 25 February

Friday 8 April

Summer Term 2022

Term starts for pupils

Half Term

[Inset Day](#)

Term ends for pupils

Monday 25 April

Monday 31 May - Friday 4 June

[Monday 6 June](#)

Friday 22 July

Pupil Behaviour

We strive, at St. Anthony's, to build positive relationships within an atmosphere of understanding and care. Our students are expected to follow the school rules and any negative behaviour is dealt with fairly and quickly.

On admission we ask that both students and parents/carers sign our code of conduct as recognition of the importance we place on joint responsibility for pupil behaviour with good manners, honesty and effort expected.

We know that it is only with your support that we can reach a solution to problems which may arise and we will contact you either by telephone or letter should such a situation occur.

Parents/carers are welcome in school and we hope you will contact us if there are problems outside the school which we may be able to help with.

Code of Conduct

We are kind and considerate

We help others and listen to what they have to say

We move quietly around the school

We follow our classroom rules

We help keep a safe and tidy school

We keep ourselves looking neat and clean


Daily Routines and Subject Areas

8.30 - 8.55	Breakfast Club
8.40 - 8.55	Pupils are supervised on the playground
8.40 - 8.55	Staff briefing

The School Day

8.55 - 9.10	Morning Registration
9.10 - 9.55	Session 1 (45 mins)
9.55 - 10.50	Session 2 (55 mins)
10.35 - 10.50	Break Years 7 & 8
10.50 - 11.45	Session 3 (55 mins) To include a 15 minute break for Years 9, 10 & 11
11.45 - 12.30	Session 4 (45 mins)
12.30 - 1.20	Lunch and break
1.20—1.30	Afternoon Registration
1.30—2.15	Session 5 (45 mins)
2.15—3.00	Session 6 (45 mins)

During their time in the Senior Department, students will study the following range of subjects. The time allocation for each will vary upon which year group the student is in:











English		Mathematics		Science	
Art		Drama		Geography	
History		Music		Technology	
Physical Education & Games		Religious Education			
Modern Foreign Language		Personal & Social Development			
ICT					

Clubs

At St. Anthony's we try to extend the amount of activities we can offer the students by running clubs after school and in lunch times. Over the last few years we have had ICT, Swimming, Trampolining, Drama, Football, Art, Dance, Tennis, Cricket. There is an after school activity Monday to Thursday, the type of activities may be different each half term (see example plan below).

After school clubs start straight after school and finish at 4.30pm. Parents/Carers will need to collect students from school at this time. The cost is £3 per session for each activity, which includes a snack and a drink as well as staffing costs. A letter will be sent out at the beginning of each half term giving details of clubs and total cost. Places are allocated on a first come first served basis and if there is not enough space they will go on a waiting list.

EXAMPLE

Activity After School	Day	Year	Staff	Term
Swimming 	Monday	Infant (Rec-Yr2 & ASD Group)	1 teacher plus support staff depending on numbers	All
Swimming 	Tuesday	Years 3-6		All
ICT 	Tuesday	Years 7-11	1 plus support	All
Swimming 	Changes from term to term	Years 7-11	1 teacher plus support staff	All
Multi-skills 	Changes from term to term	Years 7-11	Support Staff	Changeable
Drama/Dance 	Thursday	Years 7-11	Support Staff	Changeable
Cooking 	Changes from term to term	Years 7-11	Support Staff	Changeable
Football 	Changes from term to term	Years 7-11	Support Staff	Changeable
Cricket 	Changes from term to term	Years 7-11	Support Staff	Changeable
Athletics 	Changes from term to term	Years 7-11	Support Staff	Changeable

Lunchtimes

We also run free clubs at lunch times, such as choir, dance, lego, drumming and makaton (fun Speech & Language based games). Students can join in any of these activities if they wish.

All of these activities complement play times and the interaction that students at St. Anthony's receive already.

Charging Policy

The school operates a charging policy that covers activities which are not required as part of the National Curriculum – such as:

- Board and lodging on residential visits
- Instrumental tuition
- Activities which take place more than 50% out of school time

When items are produced in practical subjects as part of normal lessons, there will be no charge for materials unless your child wishes to bring them home.

We also keep a separate fund to support parents/carers who are in financial difficulty. Full details of the charging policy can be obtained from the school office.

Outdoor Education



A major part of our outdoor activity curriculum is the residential programme. This usually takes place in the summer term and all students have the opportunity to take part. Usually, we have a very high uptake of places with very few students not participating. To enable all students to benefit from the experience, costs are kept to a minimum and we are able to offer financial support in certain cases.

Examples of the activities offered:

Summer Term

The Key Stage 3 residential will take place in Year 8. Pupils have the opportunity to take part in various activities such as mountain biking, archery, orienteering, initiative tests, and swimming.

The Key Stage 4 residential will take place in Year 11. Pupils access PGL Camp near Guildford. Pupils again have the opportunity to experience a wide range of activities.



Uniform

The Secondary Department at St. Anthony's has a uniform which includes the following items of clothing:

Navy blue sweatshirt with school logo

£13.00*

Navy shirt or blouse or

£ 11.00*

Navy school polo shirt with logo

Book bags

£ 4.35*

Drinking water bottles



Dark grey, navy or black skirt/trousers

Sensible, dark shoes (**not** trainers)

P.E. Kit

(A complete change of clothing)

Red Polo shirt with school logo £ 11.00*

Navy shorts

White socks

Shower towel

Plimsolls or trainers



* These items are available on Parentmail.

Swimming Kit

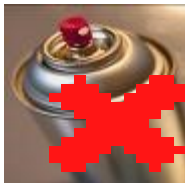
Costume

Towel

Waterproof bag



Students with long hair should either tie it back or wear a swimming cap.



Aerosols can cause problems.

We would encourage your child to use a roll-on or talcum powder after a shower.

Technology

It would be very helpful if your child could bring an apron for use in cookery and technology lessons to help protect their uniform.



The Food Technology Room

Su M T W		9:10 - 9:55	10:35 - 10:50	10:50 - 11:45	11:45 - 12:30	12:30 - 1:00	1:00 - 1:20	1:20 - 1:30	1:30 - 2:15	2:15 - 3:00
Tutor Group Year 7		9:10 - 9:55	10:35 - 10:50	10:50 - 11:45	11:45 - 12:30	12:30 - 1:00	1:00 - 1:20	1:20 - 1:30	1:30 - 2:15	2:15 - 3:00
7TK	Register	Lesson 1	Break	Lesson 3	Lesson 4	Lunch	Break	Register	Lesson 5	Lesson 6
Su M T W	Register	abc	abc	1+2=3	1+2=3			Register		
Th F S	English 3	English 3		English 3	English 3			English 3	English 3	English 3
Su M T W	Register	15		Computer				Register		
Th F S	English 3	English 3		English 3	English 3			English 3	English 3	English 3
Su M T W	Register	English 3		ICT Suite				English 3	Sports Hall	Sports Hall
Th F S	English 3	English 3		English 3	Sports Hall			English 3	Sports Hall	Sports Hall
Su M T W	Register	Art Room		English 3	English 3			English 3	English 3	English 3
Th F S	Art Room	Art Room		English 3	English 3			English 3	English 3	English 3
Su M T W	Register	English 3		Music Room				English 3	Food Tech	Food Tech
Th F S	English 3	English 3		English 3	English 3			English 3	Food Tech	Food Tech
Su M T W	Register	+		abc				Register		
Th F S	English 3	English 3		English 3	Multi Skills			English 3	English 3	English 3

Parents' Evenings

An Open Evening especially for parents/carers will be held early in the Autumn Term you will receive details nearer the time. This will also give new parents/carers the opportunity to meet with staff and see how their child is settling into St. Anthony's. Then further parent/carer/teacher meetings for students in years 7, 8 and 9 will be held during the Autumn Term and for students in years 10 and 11 in the Spring Term. These will be held remotely.

During the school year, parents/carers will be invited to attend an Annual Review when we meet to discuss your child's needs. Parents will receive a school report during the academic year. If you would like to discuss this or speak to a member of staff at any time, we will be happy to make an appointment with you.

Notices

Letters and notices are sent home either in your child's bag or by Parentmail. If you need any assistance with using Parentmail please contact the School Office.

Transport

Where necessary, transport arrangements are made by Transport Section, at County Hall. You can contact them on 01243 753530.

You are asked to make sure your child is at the correct place at the right time.

If your child is absent it is helpful if you could contact the driver or escort whose name is given to you, in addition to contacting the school.



Transport is a privilege and the students are expected to behave sensibly and politely to each other, the drivers and escorts.

A number of our older students have bus passes so that they can travel independently. They are expected to follow the same codes of behaviour as those on school transport.

Absence

You are legally required to inform the school of any absence or lateness on the actual day of absence by 9.15 am either by telephoning 01243 785965 or via e-mail to schooloffice@st-ants.org or by letter if you know your child is going to be absent in advance. If we do not receive any reason for absence, we will contact you to discuss and follow up.



Absence in Term Time

Absence for annual holiday will not be granted unless there are exceptional circumstances. Holidays not authorised will be noted as unauthorised. Please note that absence for exceptional circumstances can only be authorised by the Headteacher using the appropriate Holiday Request Form (available from the office) in advance.

Examinations

The Key Stage 4 Pathways curriculum has been developed to support St Anthony's pupils with their individual development, learning and appropriate level of accreditation. Equipping pupils with the skills, knowledge and experiences required for their transition onto Post 16 provisions.

The Pathways curriculum has been designed to meet the interests and wide ranging educational and social needs of our pupils, supporting and allowing for progression into adulthood, college and future employment. The courses have been developed to be adaptable and meet a range of learning needs and styles;

- Promoting and encouraging individual talents and interests.
- Developing personal self-esteem and self-confidence.
- Developing skills for independence, promoting choice and decision making.
- Developing communication and interaction skills within both internal and external communities.

In years 10 and 11 pupils will study the following core subjects; English, Maths, Science, Computing, Physical Education, Personal and Social Development, Religious Education and the Asdan Youth Award Scheme.

Pupils have the opportunity to select a pathway to follow, allowing opportunities to pursue individual areas of interest (choosing 3 of the following):

Art and Design or Performing Arts

Catering or Land Based Studies

Bronze Duke of Edinburgh or Humanities

During the academic year, individuals or groups of pupils may be entered for a range of assessments and examinations. Pupils will be entered for an appropriate exam courses that meets their individual needs and ability. We are able to offer a range of accreditation depending on an individual's ability. General Certificate of Secondary Education (GCSE) Entry Level Certificates (ELC) and Entry Level Pathways (ELP) Functional skills. Asdan awards.

Parents/Carers will be notified of the examinations their child has been entered for at the beginning of year 11. There are opportunities to discuss pupil progress during Key Stage 4 pupil consultation evenings and annual reviews.

Home Activities

Each term your child will have the opportunity to have a home activity booklet. This booklet has been designed to inform you of what your child will be covering in lessons each term and give you the opportunity to work with your child on home activities that will aid your child's understanding in different subject areas. Each week your child will have a specific subject area to work on. On some occasions a member of staff may give a specific 'activity' to complete. This will be recorded in your child's student planner.

Home-based activities are very valuable to students, parents/carers and teachers because:

- It encourages independent learning
- It requires students to make decisions about time management
- It gives the students an opportunity to finish work neatly and thoroughly

Fund Raising

We select certain charities to support throughout the year. One regular method of fund raising is the Non-Uniform Day which we hold on the last day of every half term. Students may wear their own clothes to school and bring a donation. Some of the charities that we have supported in recent years are: Children In Need, Sports Relief, McMillan Cancer, Genes for Jeans.

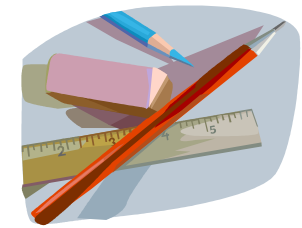
Thank you for your support



Equipment

This is a list of items that students in the Secondary Department will need to bring to school each day:

*pencil case
pencil
rubber
2 pens – blue or black
ruler
pencil sharpener
coloured pencils/felt tip pens*



Many students find it useful to have a bag for carrying equipment. We recommend a strong bag with several sections like a ruck sack.

Jewellery

Whilst we do not allow an excessive amount of jewellery, we do allow each student to wear:



*one small ring
one chain (inside the clothing)
a watch
one pair of ear studs*



For P.E., swimming and practical subjects, jewellery must be removed. Earrings may be covered with a plaster if necessary.

Make-Up

We understand that young people like to look their best and so we allow make-up in moderation but reserve the right to ask a child to remove it if necessary. **NO** nail varnish should be worn as it is not suitable for work in practical areas.

Personal Equipment

We would discourage your child from bringing expensive personal equipment into school because of the danger of loss or breakage and cannot accept any responsibility for such items.

Lunch

Meals are cooked on the premises. Our kitchen staff provide a choice menu, which includes hot meals, and a salad bar. See example menu on page 16. It is currently £2.35 per day. Payment for lunches may be made on Parentmail.



Snack Time

Pupils are encouraged to bring in a healthy snack and drink for break (no fizzy drinks!). We also have a tuck shop 3 times a week and suggest students bring in no more than £2. Please also note that we are a nut aware school and only provide snacks that do not contain nuts. Please do not send your child into school with fizzy drinks.

