

SPECIAL SCHOOL MENU 2022/23

Week 1

25th Apr; 16th May; 13th Jun; 4th Jul; 5th Sep; 26th Sep; 17th Oct;
14th Nov; 5th Dec; 9th Jan; 30th Jan; 27th Feb; 20th Mar

	MAINS	SIDES	DESSERT
MON	Macaroni Cheese —••— Lentil Cottage Pie	Country Mixed Vegetables & Peas	Chocolate Cracknel
TUE	Sweet & Sour Chicken & Rice —••— Beany Enchilladas	Cauliflower & Sweetcorn	Peach Upside Down Cake & Custard
WED	Beef Casserole —••— Lentil Roast	Mashed Swede & Chef's Vegetable Roast Potatoes	Apricot Oatie Biscuit
THU	Pork Sausages & Onion Gravy —••— Quorn Bolognese & Pasta	Carrots & Green Beans Mashed Potatoes	Iced Apple & Cinnamon Cake
FRI	Battered White Fish —••— Chickpea Pattie	Broccoli & Baked Beans Chipped Potatoes	Blackberry & Apple Crumble Jack

Week 2

2nd May; 23rd May; 20th Jun; 11th Jul; 12th Sep; 3rd Oct; 31st Oct;
21st Nov; 12th Dec; 16th Jan; 6th Feb; 6th Mar; 27th Mar

	MAINS	SIDES	DESSERT
MON	Quorn Spicy Southern Burger served in a bap —••— Cheese & Onion Quiche	Sweetcorn & Cauliflower Potato Wedges	Fruit Smoothie
TUE	Farmers Turkey Pie —••— Vegetable Pasta Bake	Peas & Swede	Apple & Strawberry Chelsea Bun
WED	Beef Lasagne & Garlic Bread —••— Veggie Balls in Gravy	Country Mixed Vegetables Mashed Potatoes	Fruity Ginger Sponge & Custard
THU	Roast Chicken —••— Quorn Roast Fillet	Broccoli & Chefs Vegetable Roast Potatoes	Fruit Flapjack & Milkshake
FRI	Fish Fingers —••— Lentil Curry & Rice	Herby Diced Potatoes Carrots & Mushy Peas	Fruit Crumble & Custard

Week 3

9th May; 6th Jun; 27th Jun; 18th Jul; 19th Sep; 10th Oct; 7th Nov;
28th Nov; 2nd Jan; 23rd Jan; 20th Feb; 13th Mar

	MAINS	SIDES	DESSERT
MON	Cheese & Tomato Pizza —••— Boston Beans & Quorn Sausage	Peas & Sweetcorn & Carrots	Jaffa Cake & Custard
TUE	Roast Pork Loin —••— Chickpea Roast	Swede & Cabbage Roast Potatoes	Apple & Date Shortcake
WED	Chicken Burger served in a Bap —••— Creamy Quorn Pie	Mixed Salad with Coleslaw & Cauliflower	Sultana Cookie & Fruit Juice
THU	Lamb Curry & Rice —••— Jacket Potato filled with Cheese	Broccoli & Baked Beans	Iced Carrot Cake
FRI	Salmon & White Fish Pasta Bake —••— Vegetable Goujons	Country Mixed Vegetables Mashed Potato	Homemade Rice Pudding & Fruity Jam



Tough standards. Tender results.

**FRESHLY BAKED BREAD AVAILABLE DAILY,
JUGS OF WATER & MILK.
ADDITIONAL DESSERT OPTIONS -
FRESH FRUIT AND FRUIT YOGHURT**

SPECIAL SCHOOL MENU – 2022/23

Meal ordering information

Universal Infant Free School Meals (UIFSM) meals are available free of charge for all pupils in Reception, Year 1, and Year 2.

Free School Meals (FSM)

If you are in receipt of certain benefits your child may be entitled to a FSM.

If you think that your child is entitled to receive benefit-related free school meals, even if your child is in Reception, Year 1 or Year 2 it is important to register for a free school meal eligibility check so that the school receives the additional funding to support your child's learning. Contact your school office or visit www.westsussex.gov.uk for more information and an electronic application facility. Alternatively call 01243 752 835 or email fsm@westsussex.gov.uk to find out more,

If you are entitled to a FSM or your child is in Reception, Year 1 or 2 the school will order directly for you.

Paid Meals

For pupils in other years and who do not receive a free school meal or UIFSM, meals need to be ordered and paid for via your school office.

What happens if my child is sick and cannot attend school?

Contact the school office as soon as possible to inform them of the absence and non-requirement of their meal.

What happens if my child has a school trip?

Pupils in Reception, Years 1 & 2 and those pupils entitled to FSM's will automatically be provided with packed meals on trip days. Paid meals should be ordered with your school as usual.

As part of our commitment to preparing the best possible school meals we...

- Work with the Lead Association for Catering in Education (LACA) to ensure that our menus are endorsed by LACA and comply with the Government's School Food Standards.
- Employ in-house highly trained award-winning teams, producing fresh meals in school, keeping menus delicious as well as safe.
- Will work with you and your child's school to tailor their menu, to where possible, support medically prescribed special diet requirements for your child. Please ask for a Special Diet Request Form from the school office if you require this service.
- Have reduced sugar, salt, and saturated fat content on our menu.
- Provide 2 meat free days a week, working towards making the service more environmentally sustainable.
- Purchase from Sussex based suppliers where possible.
- Avoid the use of palm oil, and if necessary only use certified sustainably sourced palm oil.
- Avoid the use of additives in all our meals.
- Do not use Genetically Modified (GM) foods on our menu.

Key contacts:

Orders / Payments / Cancellations - Your school office.

Special Diets - Your school office in the first instance.

Office Hours - School opening hours.

Compliments / Complaints / Questions -
catering.advisory.service@westsussex.gov.uk

