



# SPECIAL SCHOOL MENU 2023/24

17th Apr-8th May-5th Jun-26th Jun-17th  
Jul-18th Sep-9th Oct-6th Nov-27th Nov-  
1st Jan-22nd Jan-19th Feb-11th Mar

24<sup>th</sup> Apr-15<sup>th</sup> May-12<sup>th</sup> Jun-3<sup>rd</sup> Jul-4<sup>th</sup> Sep-  
25<sup>th</sup> Sep-16<sup>th</sup> Oct-13<sup>th</sup> Nov-4<sup>th</sup> Dec-8<sup>th</sup> Jan-  
29<sup>th</sup> Jan-26<sup>th</sup> Feb-18<sup>th</sup> Mar

1st May-22nd May-19th Jun-10th Jul-11th  
Sep-2nd Oct-30th Oct- 20th Nov-11th Dec-  
15th Jan-5th Feb-4th Mar-25th Mar

	MAINS	SIDES	DESSERT
MON	<b>Option 1:</b> Macaroni cheese	Broccoli Baked beans	Cheesecake
	<b>Option 2:</b> Quom Sausage Twist Wedges		
TUE	<b>Option 1:</b> Cottage Pie	Cauliflower Peas	Lemon Drizzle Cake
	<b>Option 2:</b> Bean Chili Rice		
WED	<b>Option 1:</b> Roast Chicken Roast Potatoes	Mashed Swede, Chefs Choice	Sultana Cookie
	<b>Option 2:</b> Lentil Roast		
THU	<b>Option 1:</b> Sausages & Onion Gravy Mashed Potatoes	Carrots & Green Beans	Peach & Strawberry Whip & Sauce
	<b>Option 2:</b> Quom Bolognaise Pasta		
FRI	<b>Option 1:</b> Battered Fish Chips	Broccoli, Sweetcorn	Fruit Muffins
	<b>Option 2:</b> Kim's Sweet potato & Lentil Dahl & Rice		

	MAINS	SIDES	DESSERT
MON	<b>Option 1:</b> Quom Southern Spiced Burger, Bread Roll	Sweetcorn Broccoli	Fruit Smoothie
	<b>Option 2:</b> Italian Lentil & Chickpea Pasta		
TUE	<b>Option 1:</b> Lamb Tagine Rice or Cous Cous	Cauliflower Baked Beans	Chocolate Brownie
	<b>Option 2:</b> Vegetable Goujons Mash		
WED	<b>Option 1:</b> Beef Lasagne Garlic Bread	Country Mixed Vegetables	Fruit Flapjack
	<b>Option 2:</b> Frittata Garlic bread		
THU	<b>Option 1:</b> Roast Chicken Roast Potatoes	Swede Chefs Choice	Iced Bun Fruit Juice
	<b>Option 2:</b> Quom Roast		
FRI	<b>Option 1:</b> Salmon Fishcakes	Carrots Mushy Peas	Fruit Crumble Custard
	<b>Option 2:</b> Bean & Ratatouille Bake		

	MAINS	SIDES	DESSERT
MON	<b>Option 1:</b> Pizza	Country Mixed Vegetables	Chocolate & Orange Shortbread
	<b>Option 2:</b> Smokey Vegeballs Yellow Rice		
TUE	<b>Option 1:</b> Roast Pork, Roast Potatoes	Swede & Cabbage or Chefs Choice	Fruits of the Forest Sponge
	<b>Option 2:</b> Chickpea Roast		
WED	<b>Option 1:</b> Beef Burger Bread Roll	Mixed Salad, Coleslaw, Cauliflower	Lemon & Ginger Oaties
	<b>Option 2:</b> Creamy Quom Pie Wedges		
THU	<b>Option 1:</b> Chicken Curry Rice	Broccoli, Baked Beans	Apple Turnover
	<b>Option 2:</b> Jacket Potato & Cheese		
FRI	<b>Option 1:</b> Tuna Pasta	Carrots Peas & Sweetcorn	Chefs Choice Milkshake
	<b>Option 2:</b> Quom Hotdog Roll, Herby Dice		



FRESHLY BAKED BREAD AVAILABLE DAILY,  
JUGS OF WATER & MILK.  
ADDITIONAL DESSERT OPTIONS - FRESH  
FRUIT AND FRUIT YOGHURT





# SPECIAL SCHOOL MENU – 2023/24

Welcome to your new school meals menu. School meals are free for all pupils in Reception, Year 1 and Year 2 and for pupils who are entitled to Free School Meals (FSM). For pupils in other years meals can be ordered, and paid for at the school office.

## HOW DO I ORDER AND PAY FOR A SCHOOL MEAL?

All meals must be ordered at your school office. If you are entitled to FSM or your child is in Reception, Year 1 or 2 the school will order for you with the kitchen and you do not need to contact the school after your initial order.

## WHAT HAPPENS IF MY CHILD IS SICK AND CANNOT ATTEND SCHOOL?

Please contact the school office as soon as possible to inform them your child will be absent and will not require their meal.

## WHAT HAPPENS IF MY CHILD HAS A SCHOOL TRIP?

FSM and pupils in Reception, Years 1 & 2 will be provided with packed meals on trip days, the school will order this with the kitchen. Paid meals should be ordered with your school as usual.

## KEY CONTACTS:

Orders / Payments / Cancellations - Your school office.  
Special Diets - Your school office in the first instance.  
Office Hours - School opening hours.  
Compliments / Complaints /  
Feedback - [catering.advisory.service@westsussex.gov.uk](mailto:catering.advisory.service@westsussex.gov.uk)

## Lunch Time

### AS PART OF OUR COMMITMENT TO GREAT SCHOOL MEALS WE;

- Work with the Lead Association for Catering in Education (LACA) to ensure that our menus comply with the Government's School Food Standards and are proud to display LACA endorsement on our menus.
- Can work with you and the school to tailor your child's menu to support their medically prescribed special diet. Please ask for a Special Diet Request Form from the school office, once completed return with the medical evidence to the school office. This request will then be passed to and reviewed by the Catering Team and where possible a special diet meal will be provided.
- Have reduced sugar, salt and fat content on our menu.
- Produce meals in school by our highly trained and award winning teams.
- Work with schools to support your child's lunchtime experience.

### Are you claiming your free school meal?

If you are in receipt of certain benefits your child may be entitled to Free School Meals (FSM).

Visit [www.westsussex.gov.uk](http://www.westsussex.gov.uk) for more information.

01243 752 835 or  
[fsm@westsussex.gov.uk](mailto:fsm@westsussex.gov.uk)

