

ST ANTHONY'S SCHOOL

Newsletter



Spring 2026

Dear Parents and Carers

Welcome to our Spring newsletter. Thankfully now the mornings and evenings are getting lighter and spring is in the air!. Hopefully the rain will now stop, and we will see some better weather.

We have also appointed 7 new members of staff: Miss Y Searle, Ms S Matthews, Miss C Lothian, Mrs J Llambell, Mrs J Cooper, Mr C Cammell and Mrs M Barker.

Pupils have been involved in a wide range of activities both in and out of school and have represented the school in a number of different activities. These have included a range of visits to support curriculum areas and a number of opportunities. I would like to thank all those pupils who have represented the school in the community this term so well.

It is lovely to see so many pupils accessing breakfast club each day. Can I please remind

parents that this starts at 8.30am. Pupils should not be coming into school before this time.

I hope you enjoy the newsletter and it is lovely to be able to share some of the activities and experiences your child has had this term.

St. Anthony's continues to be a very successful and happy school. We could not be as successful without the support we receive from parents, carers and friends of the school. Please continue to support and work with us. Your support is very much appreciated and valued by all the staff and governors.

I hope you all have a lovely Easter break and enjoy reading our newsletter.





Monty Has had another busy term for Monty who has been out and about in lessons and at break times.

This term Monty has continued to work with Mrs Davies in PSD, spend some time in Pastoral with Miss Jewson and been to visit primary class groups. Monty has been increasing the number of groups he is working with and very much enjoying working with a wider number of pupils.



Learning with Willow



Going for a walk with Isla



Relaxing on his chair in Class

Chestnut Classes

Throughout Spring term, the children in Chestnut class have explored all things PEAS! We started off with a fun story 'Supertato' who rescued the veggies from the Evil Pea! Here are some photographs, that showcase the pupils' developing confidence to try new things, while having fun and learning together:



We celebrated World Book Day, dressing up and reading our favourite stories.



Being a gardener, caring for our plants.



We have explored colour mixing, using veggies to print as well as touching and tasting foods.



Flip the pancake!

Apple Classes

We love books!

As always, Apple class have explored some lovely stories this term. We have loved using our favourite books to enrich our learning and teach us lots of new vocabulary. We have also enjoyed sharing stories together everyday in story time and narrative groups.



World Book Day

Our narrative group story has been 'The Crayons Book of Numbers', so of course the Apple staff team dressed as crayons for the day. We also enjoyed seeing some of the children dressed up as some of their favourite characters too. We all had a great day, sharing stories together.



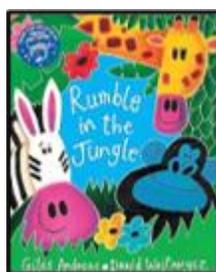
Beech 1

Our Topic for this term is Habitats - The Rainforest



We have been reading:
Rumble in the Jungle and One Day on our Blue Planet - in the Rainforest

Wellbeing Wednesdays

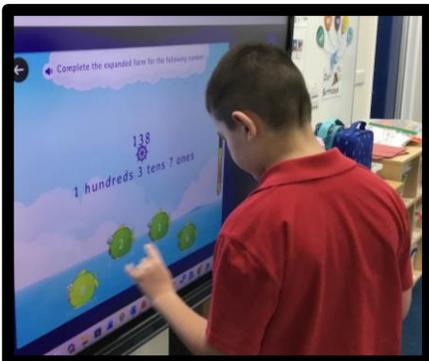


Speech and Language sessions



Beech 2

We have enjoyed learning about Habitats this term. In school we learnt about rainforests and for Wellbeing Wednesdays we explored woodlands at Forest School. We have enjoyed using the interactive whiteboard and sensory experiences to enhance our learning.

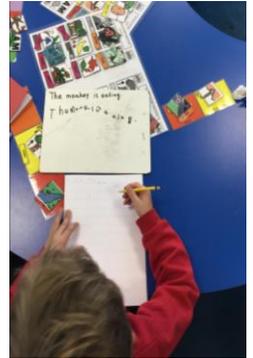


Hawthorn 1

This term we have been learning about Tropical Rainforests including the Amazon River and the animals and trees that live there.



We have been learning about fractions and writing using Colourful Semantics to help us.

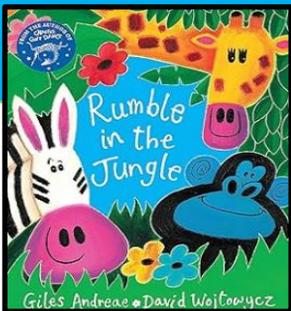


The children have learnt about the layers of a tropical rainforest through art and songs.

We have been horseriding and helping in the Sensory Garden.



We have been reading:
Rumble in the Jungle and 'One Day on our Blue Planet – (in the rainforest)'



We have 'explored' the swamp in 'Little Group'!



Hawthorn

2



Doby's first time meeting the horses for Wellbeing Wednesdays

We enjoyed flipping pancakes and making faces for Pancake Day



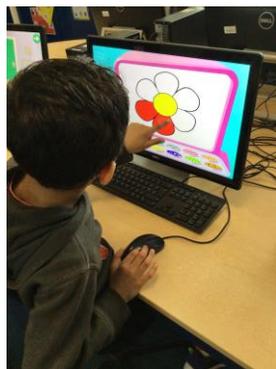
As part of our Lunar New Year celebration's we learnt to use chopsticks and made lucky fish to take home

We "travelled" to the Amazon as part of our topic and enjoyed a sensory walk through the forest floor.



Oak Classes

In Oak 1 this term, we have been practising drawing jungle animals, here are our monkeys! We have also been exploring the ICT suite, it has been lots of fun!



This term Oak 2 went on a trip to Staunton Country Farm. They had a lovely morning looking around the Glass House and experiencing the rainforest atmosphere and looking at all the plants. They also enjoyed feeding the animals.

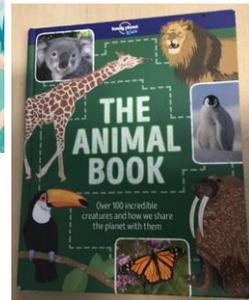


Oak 2 have also been creating some fabulous artwork for our rainforest display board.



Rowan Class

Rowan Class topic this term has been Rainforests. Rowan Class have explored One Day on our Blue Planet in the Rainforest and The Animal Book as their class narratives this term. They have completed writing tasks based upon these stories, created fact files and diary entries. Rowan Class have explored division, fractions and time in numeracy this term.



Staunton Farm

Rowan Class have enjoyed their trip to Staunton Farm to explore the rainforest greenhouse. They also enjoyed playing at the play park and exploring the animals.



Food Technology

Rowan Class have enjoyed learning how to cut food; they have made and cooked cheese twists and pizza.



Art

Rowan Class have enjoyed planning and making their Rainforest dioramas from a shoebox.



World Book Day

Rowan Class enjoyed dressing up for World Book Day and learned all about what it is. They also enjoyed going to the shop to collect their World Book Day Book.



Yew Class

Yew Class have had a fantastic Spring term learning all about different habitats and the Amazon rainforest. The children explored *Our Blue Planet: Rainforest* and enjoyed looking at fact files about a range of Amazon rainforest animals. These texts supported the class to build their understanding through structured activities and visuals linked to rainforest themes.

In numeracy, the children have been working on fractions, addition and subtraction, and reading the time. They have practised these skills through hands-on activities and using concrete resources, to help them feel confident and successful. Everyone has worked incredibly hard and made good progress in their own way.

Forest School

During Spring 2 Yew Class have taken part in Forest School as part of Wellbeing Wednesday and have thoroughly enjoyed themselves.



World Book Day

The Children enjoyed some dressing up and book themed activities.



Staunton Farm Trip

Yew Class went on a trip to explore the tropical plants linked to our rainforest topic. The children also had a lovely time feeding the animals and taking part in hands-on learning around the farm.



DT Rainforest Dioramas

Yew class have been busy making rainforest models showing the Amazon forest layers and animals that live there.



Duke of Edinburgh



This term pupils have been assisting the National Trust at Woolbeding near Midhurst. Pupils have been creating water-vole release boxes, planting trees and creating enclosures on the farmland.

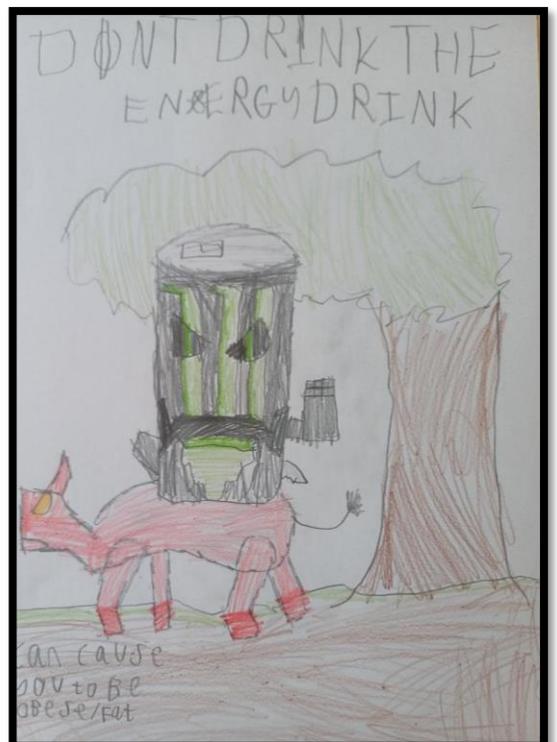
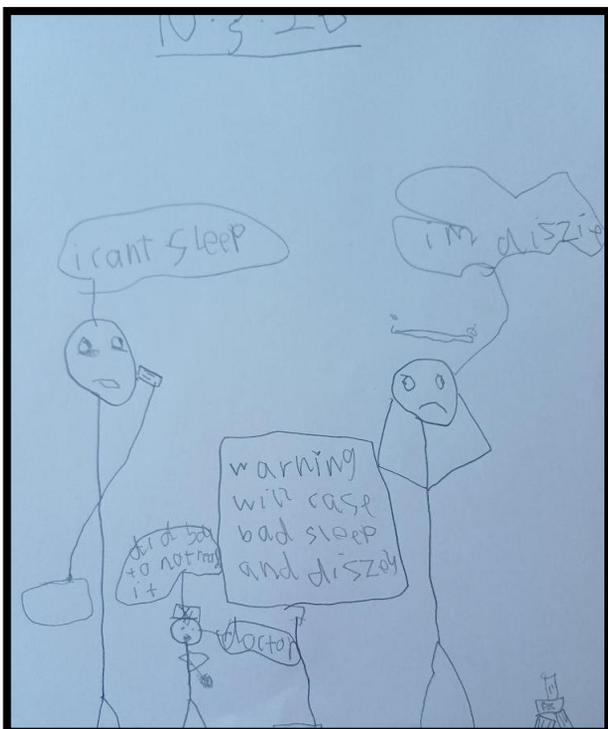
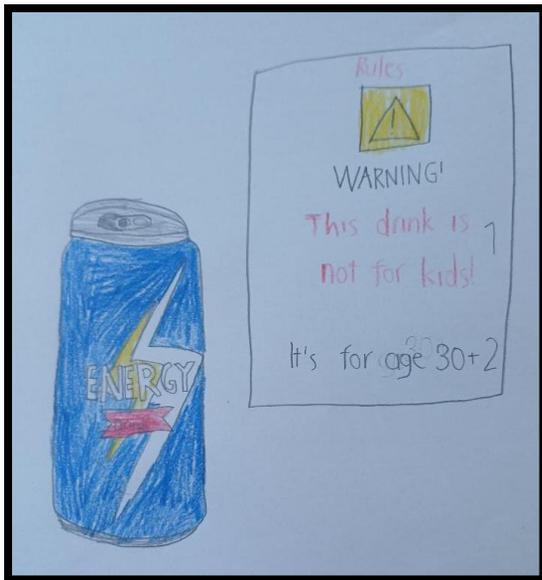


PSD

In PSD, we have just finished our focus on relationships where we explored different types of relationships we have, and our responsibility in ensuring they are healthy.

We have recently begun looking at health and wellbeing again. So far, we have explored healthy eating, the power of soap, smoking and energy drinks. We created posters to share with others the danger of energy drinks:

DANGER IN A CAN!
Energy Drinks cause:
Increase blood pressure, fast heart rate,
fast breathing, poor sleep, feeling dizzy,
jitteriness, hungrier and body odor.



Year 9s attended a workshop delivered by Amy from the Talk About Trust. Amy spoke about the dangers of vaping. Below is some of the information she shared:

How can vaping effect someone's health

IMMEDIATE



Disrupted sleep



Headaches



Anxiety



Vaper's tongue



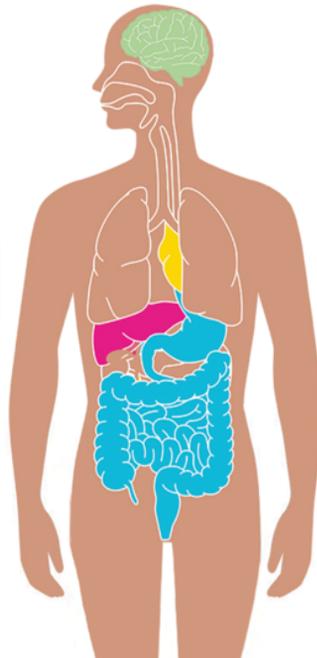
Nausea/
dizziness

Mouth and throat
dry or irritated



Feeling jittery/ distracted

Shortness of breath
asthma / cough



LONG TERM

Lung problems



Nicotine
dependency



Potential effect of toxic
chemicals and metals in
some vapes



Dental problems



For all smokers trying to give up, vaping is less harmful to their health than smoking cigarettes. But this doesn't mean vaping is safe.

*If you smoke, vaping is much safer.
If you don't smoke, don't vape.*

ILLEGAL VAPES



- Many vapes and e liquids sold online, from dealers, given or from social media are illegal and can be unsafe. Trading standards estimate that 1/3 of vapes sold are illegal/illicit
- When tested, they have been found to contain lead, nickel, chromium, Spice, acetaldehyde, formaldehyde and nicotine levels of 100 plus cigarettes.

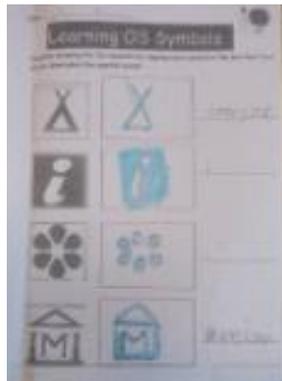
Vape Spiking - Watch out for each other

Vape spiking is where a vape has a substances such as THC, Spice (synthetic cannabis) ketamine or another dangerous substance added without someone knowing

Geography

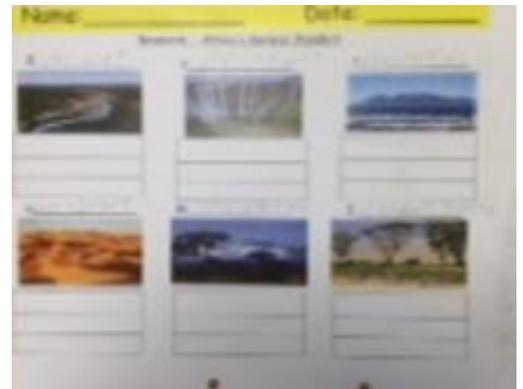
Year 7 – Geography

Year 7 pupils have been studying Map Skills this term. They have learnt how to draw from a bird's eye view using aerial photographs. They have also been identifying everyday symbols and symbols that are used on OS maps.



Year 8 - Africa

Pupils are exploring Africa, studying a 'continent of contrasts'. Researching some of its 54 countries and discovering the amazing natural wonders in Africa.

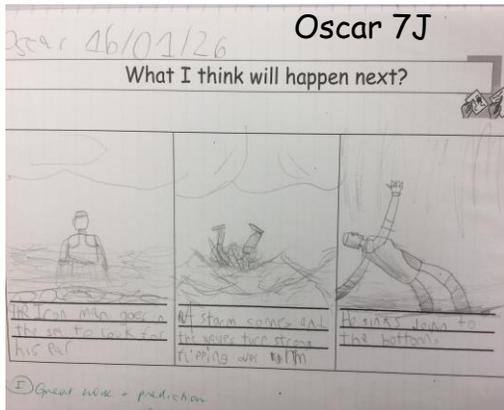


Year 9 – Pollution

Pupils have been exploring types of pollution, the links to global warming and climate change. We are now beginning to explore the human impact of pollution.

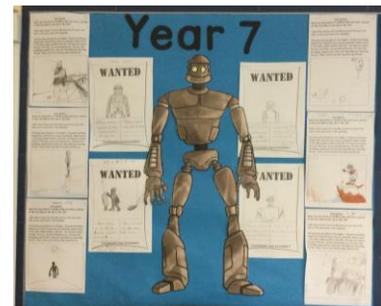
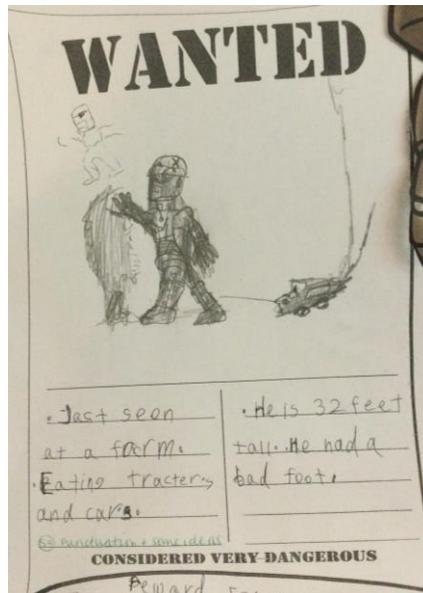


English

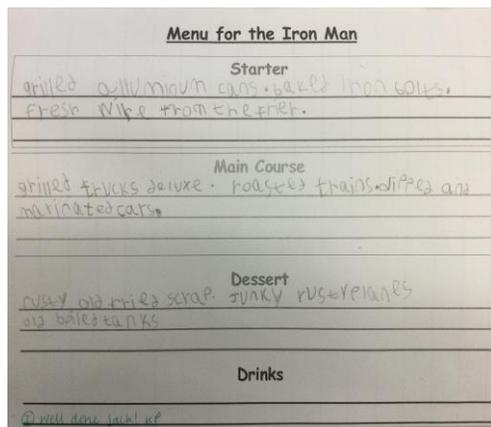


7J and 7H have been studying The Iron Man by Ted Hughes. Pupils have completed Wanted posters, story boards, written speech bubbles and character descriptions and have created an interesting menu for the Iron Man.

Alex 7J



Jack 7J

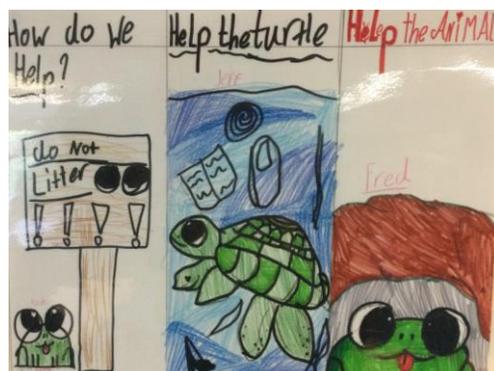


8BK and 8L have been looking at non-fiction texts and fact finding based around the theme of British Wildlife. We have learnt about conservation and the dangers our wildlife face. Pupils made 'Say No to Plastic Pollution' powerpoints and posters about how to protect wildlife. Pupils have researched facts about their chosen animal and created fact files. We had a visit from Brent Lodge Wildlife Centre where pupils enjoyed finding out about how wild animals are cared for and released back into the wild.

Connor 8BK



Mercy 8BK



Hope 8L

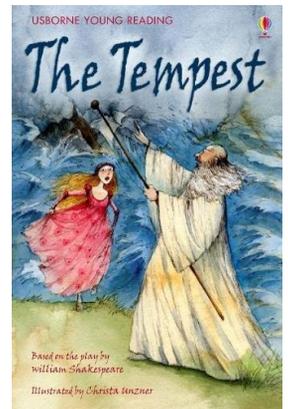


English

Year 9

We have been learning about *The Tempest* by William Shakespeare in English. The pupils have completed comprehension questions on the text. They have discussed plot, character and the setting of the story. We have looked at a mixture of the original text and simplified text.

A group of Year 9s visited Waterstones in Chichester to use their World Book Day vouchers. We had our snack in Bishop's Palace Gardens and made it back before the rain.



Year 10

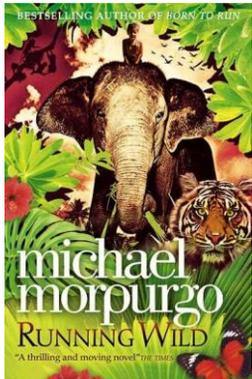
We have been reading *Running Wild* by Michael Morpurgo in English. The pupils have completed comprehension questions on the text and discussed character and plot in the text. We have written character descriptions and will explore alternative endings to the story.

What do pupils say about the text:

'Some of it is a bit sad and it is adventurous' Hannah

'It's good. I like it. I love Oona.' Bridie

'It's great. I like the Orangutangs' Dexter



Year 11

The pupils have been working hard to complete their coursework. They have researched Australia and the UK in preparation to write a reply to the fictional pen pal letter they received. They will include accurate information about their own areas and interests in their autobiographical reply. They have also completed their reading papers this term.

Facts about Australia

Australia is known for its unique continent, the world's most driest outback, and most of the population lives on the outside when it is more green and wet.

Australia is the only country that is a continent in the whole world and is known for its unique wildlife, the outback, and the Great Barrier Reef. The Great Barrier Reef is over 348,700 km long and there are lots of different sea animals living down there.



Australia buildings

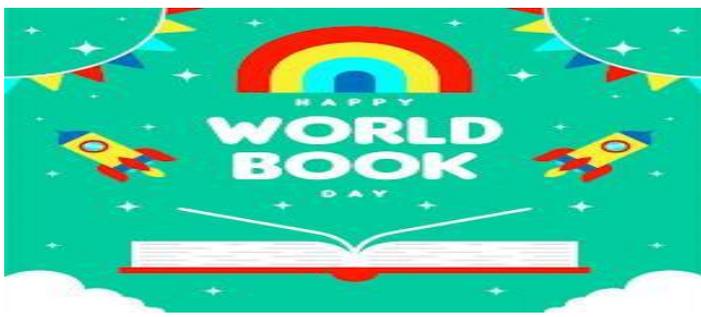
Click to add text
Sydney



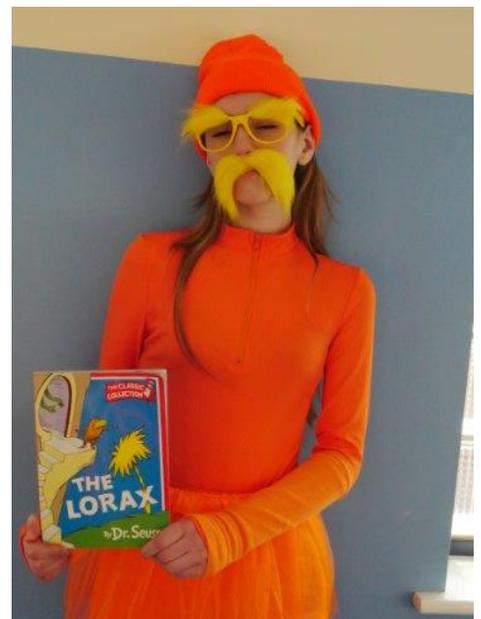
Opera house

- Australia is the only country that is a continent
- Known for its wildlife like Kangaroos, Platypuses, Echidnas
- The Great Barrier Reef is the world's largest coral reef
- Australia is the sixth largest country comparable to the USA (like Texas and California)
- Australia is the world's driest inhabited continent with desert almost covering the most land





We celebrated World Book Day this year. Pupils dressed up or came to school in pyjamas. We had an assembly in the morning to focus on the theme of the year - Reading for Fun! We have a partnership with Waterstones whereby they exchange our coupons for books so that every child has a book to take home. The kitchen team got involved too and took us to the Hundred Acre Wood for lunch.



Maths



Key Stage 4 Maths

All pupils in Year 10 and 11 are working hard on their maths skills.

In Year 10, some pupils are working on developing their awareness and understanding of fractions. For their AQA Entry Level certificate they've used a range of different resources to help them including online activities and practical resources to support this.



Our Year 11 pupils are using the next few months to develop their Functional maths skills in readiness for starting at College or Further Education in September. Skills such as using travel timetables and using money will support them for their future endeavours.



Food Technology



Year 8 have worked hard on their topic of Dairy Foods and Drinks. They have investigated different recipes and enjoyed making their own flavours of milkshakes, fruit smoothies and peach iced teas. They enjoyed using their preparation skills and cooked some very tasty Savoury breakfast muffins, which seemed to go down well. They also enjoyed their trip to Boston Tea Party Café to sample some professionally made drinks and to find out about working in a busy catering environment.

Our Year 9 pupils enjoyed learning about China and India and have cooked tasty Bombay potatoes and a sweet treat of Mango Lassi. They also made Chinese garnishes, using a variety of different tools to create the shapes, which were very imaginative and they enjoyed the freedom of being able to create their own designs.

History

Year 7 Pupils have been studying the Norman Invasion in 1066. They have learnt about and re-enacted the Battle of Hastings.



The Titanic

Year 9 Pupils have started to study the sinking of the Titanic in 1912 in History this term. They have looked at it building and its maiden voyage. They also looked at the different passengers who were aboard and compared who these passengers were and why those passengers were travelling aboard the Titanic before it sank.



History

Tipi Making

Year 8s have been learning about the Native Americans. In this lesson they looked at how the Sioux tribe lived. Sioux Native Americans lived in Tipis, which are large cone shaped tents made from Buffalo skin.



8BK designed and made their own Tipis and decorated them with traditional symbols.



8L pupils learned about the use of symbols and their importance to the Native Americans, The Sioux and Plains Tribes. They painted symbols and animals on their Tipis to communicate with the Spirits to bring them good fortune. The doorway to the Tipi always faced East and the Tipis were laid out in a circle to represent the 'Circle of Life'.



Computing

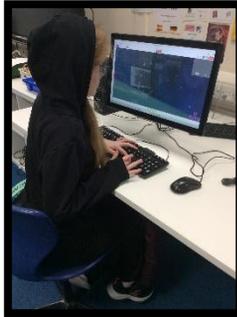
Year 7

The Year 7s have been accessing Rainforest Coding to take part in an adventure in the rainforest, under the sea and through space to develop their logical thinking and problem-solving skills, whilst learning how to code.



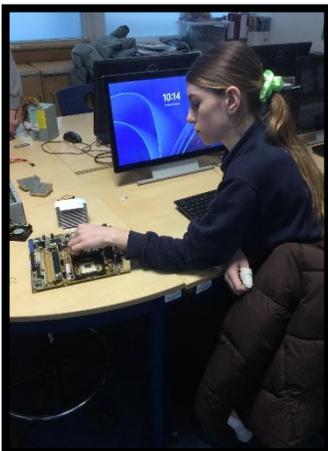
Year 8

The Year 8s have been creating their own 3D games in Purple Mash, designing maps, levels and sprites within the game.



Year 9

The Year 9s have been learning about the internal components of a computer system and the different input and output peripherals.



Music

Year 7 – Pentatonic Scales

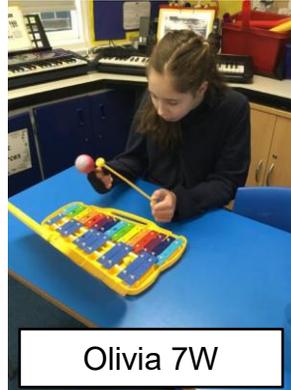
Jack
7W



Jack, Kane,
Sammy 7J



Olivia 7W



Year 9 – Axis of Awesome

Archie 9SW



Seb 9SW



Charlie
9JB



Isla 9JB



Willow 9S



Janeshan 9JB



Olek 9JB



Rhylei 9S



Year 10 – Performing Arts (Music)

Zak 10B



Max 10G



Hei-Long 10B



Max 10G



Land Based Studies

The Year 10s this term have been learning about pests and diseases and how to control them. They have also been learning how to use secateurs and taking hard wood cuttings as well as learning techniques for plant care including thinning out, watering and using a propagator. They have now planted their onions outside and will soon begin growing other vegetables in the garden.



GOODWOOD

chichester
festival
theatre

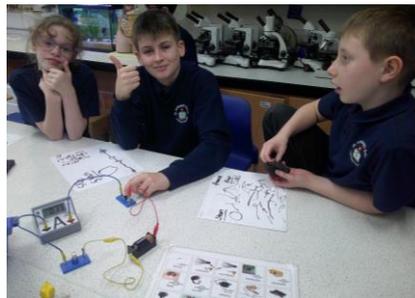
The
Novium
Museum

The Year 11s have been finishing their unit on Land Maintenance and have now begun their unit on Myself in the Community by visiting difference places around Chichester. They have so far visited the Library, Cathedral, Novium museum, Goodwood racecourse and airport, and Chichester theatre.



Science

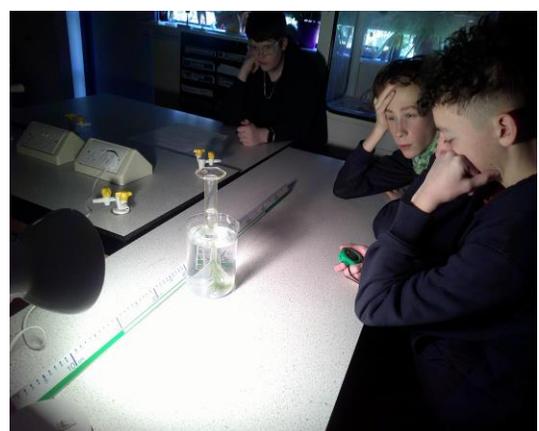
Year 7 pupils are exploring electrical circuits and their applications within practical context. They have explored static electricity and now exploring flow of electrons within closed electrical circuit. They have made simple electrical circuits, observed the flow of electrons using simulations, measured flow of current and been challenged to draw the circuit diagrams.



Year 8 pupils are exploring measuring temperature and its applications.. They have had the opportunities of carrying out practical activities on melting point, boiling point and their applications.

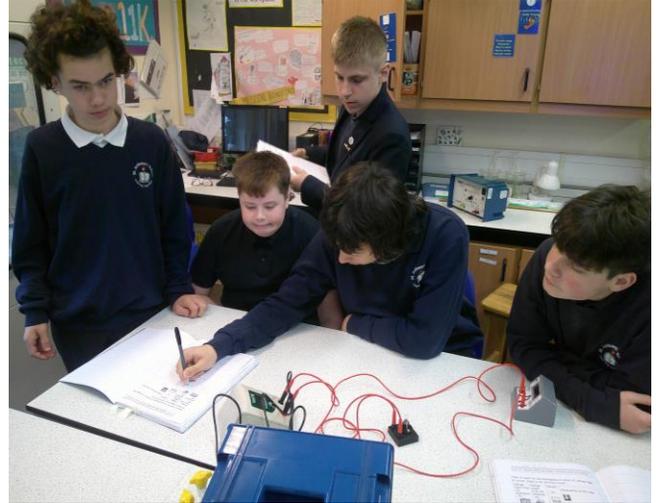
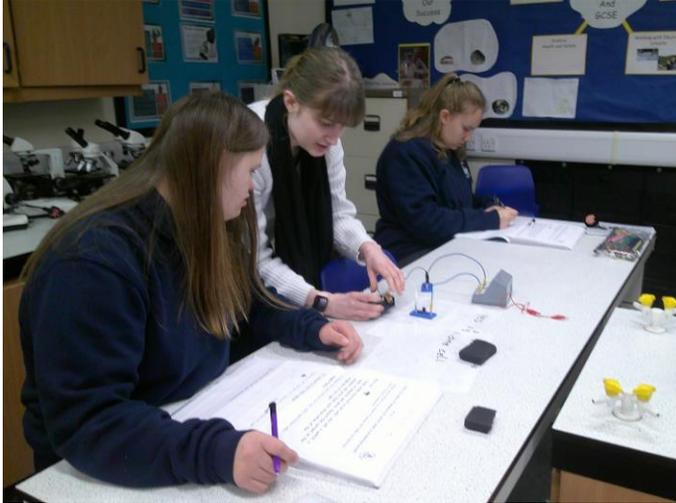


Year 9 are exploring organ system (breathing system) and the process of photosynthesis. They have had the opportunity of making a 3-dimensional model of the system, critique the system and used a range of resources to reinforce their understanding. The pupils are now investigating the effect of light intensity on the rate of photosynthesis.

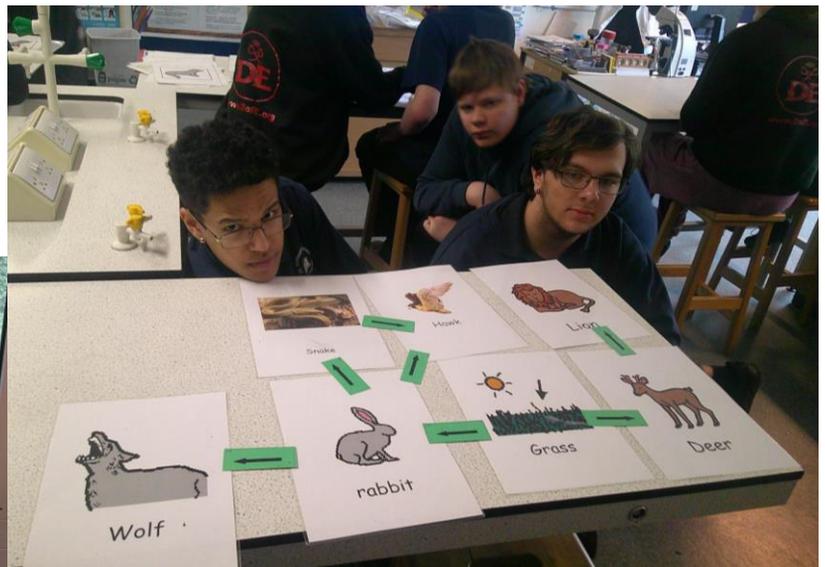


Science

Year 10 continued their coursework with the Unit on Working with Electrical Circuits. They are exploring the effect of voltage input on current output in simple electrical circuit and its applications. Ammeter, voltmeter, 12V lamp and Powerpack/ cells/battery were used to vary the voltage.



Year 11 are progressing in their coursework towards their qualifications. They are on Unit involving Variation and Adaptation of Organisms. They have used a range of resources to explore interdependence of organisms, biotic and abiotic factors that affect this interdependence within specific habitats.





Forest School



It's been a wet, wet, wet term at Forest School!

Forest School has been very busy recently, especially as we've been working alongside the wet weather. There has been plenty of wet and muddy play, which the pupils have embraced brilliantly.

Our Year 7 students are now really settled into their sessions here at school. They have been working confidently with tools, practising fire lighting, and taking part in cooking activities.

The Year 10s at Apuldram have also had their fair share of muddy adventures, but we've made great use of this by visiting local woodlands and exploring the environment. They were also very lucky to receive a free visit to the Arundel Wetland Centre, and the school would like to express its thanks for this generous opportunity.

Our Year 11 students are continuing to work towards their *John Muir Award* and are now enjoying—and making the most of—the improving weather.



Art



Year 11 Art Pathways had a visit to The Matt Black Barn . They were able to tour the studios of Artists Laura Ford and Andrew Sabin as well as meet and discuss the role of their Art Technician. They had a wonderful day and created a collaborative artwork in response to some of Laura's cat sculptures .



St Anthony's Premises



Staff have been working on the pond in Jesse ready for pupils to eventually try their hand at pond dipping. We have managed to take out half of the pond weed and tidy the area up. There is still a long way to go but during the clean up we found over 50 frogs and around 27 newts. This shows the pond is very healthy and we are looking forward to the children using this area.



This is the new recycled flower bed, Abby will be planting seeds shortly.



In preparation for the warmer weather, we are trying to make an outside area for staff in the Jesse playground. So far, we have managed to use reclaimed wood to add some seating in the hut and a small table, there was a memorial bench which was rotten but I have managed to re-use some of this and the memorial plaque. We are trying to fund 3 new picnic benches and also add some flowers to help staff feel relaxed on their breaks. We have also moved the fencing to enclose the area so that staff feel like they are away from work.



Towards Independence

Year 10 – Travel Training – Chichester Train Station

Year 10 took part in an exciting and extremely positive role play travel training session in class. We then travelled by mini-bus to Chichester train station for a tour with the station manager. Students are preparing for their first train journey in the summer term.



Year 11 – Travel Training to IKEA

We travelled by train to Southampton, for the first time students brought their own tickets at the ticket booth. Once in Southampton they visited IKEA, we had a lovely snack and drink in the café before doing a little shopping. Returning school by train. The trip is designed to develop knowledge and confidence when travelling, alongside improving levels of independence and self-confidence.



11A Achievements

11A have been busy developing their independent skills and travel training. They have been building upon skills and confidence learnt through their TI lessons and travel training, as well as continuing to enjoy their musical interests.



Martha has been awarded her Red Ribbon and Medal. This is one of the highest awards that a child can get awarded by the RSCM (Royal School Of Church Music). She continues to be an amazing member of St Paul's Choir.



Ollie has been continuing with his love for music and joined a West Sussex Music workshop with the Royal Philharmonic Orchestra in Crawley. He was involved in composing, conducting, and hearing a double bass and saxophone being played. He was even brave enough to stand up in front of the group and try some conducting, despite being very anxious!

Ollie's Travel Training has helped his independent travel skills,. He was able to navigate the trains from Emsworth to Crawley with confidence and even told his parents which train they needed when they had to change!

He has also been busy and adventurous, and tried snow-tubing with a friend for his 16th birthday, which he really enjoyed.

Amelia has been developing her independent skills and has been helping around the house. She has helped pack overnight bags, helped with household chores and coped with big changes to her routines.



Jack has been busy cooking and building upon his independent living skills. He helps with meal planning, writing the shopping list and helping working out what is needed. He finds the groceries and uses the self-service till and puts the food away. Here are some pics of his pizza making and homemade turkey nuggets.



11A would like to wish you all a happy Spring and welcome to the lighter days and warmer weather. We are all looking forward to everything that is to come in our final year at St. Anthony's.

Friends of St Anthony's School

With Simon Tooley

BINGO EVENING

PRIZES INCLUDE BOOZE AND CHOCCIES

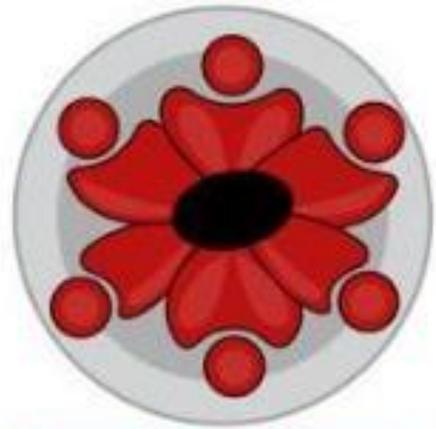
Start time for food 7.00pm
Eyes down 7.30pm

DATE	LOCATION	ENTRY
20 th March 2026	St Anthony's School, Chichester	£15

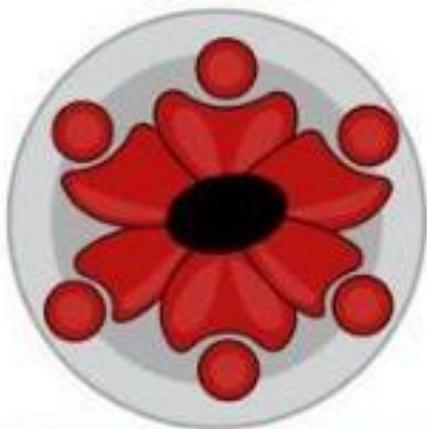
Includes:
6 rounds of Bingo
Hot dog & Hot drink

BRING £5 CASH FOR BONUS JACKPOT

To book, email fosta.chichester@gmail.com and transfer £15 to FOSTA - 20-79-31 03262537

Friends of St Anthony's



Friends of St Anthony's

Friends of St. Anthony's invite you to join them for...

FAMILY SPONSORED WALK OR JUMP

LAVANT MEMORIAL HALL
PO18 0AH
Route approx. 1 mile

Donations welcome & Sponsorship forms available

Sunday 22nd March
10am - 1pm

£2 entry per person

£2 entry fee includes Free drink, Snack, Medal, bounce & Scavenger hunt for every child.

Bouncy Castle
Scavenger Hunt
Pre-Loved uniform sale
CaKes and treats available to buy

Please visit and follow FOSTA'S Facebook page for latest fundraising fun and updates.

Friends of St. Anthony's School (FOSTA)
fosta.chichester@gmail.com



Raising funds for St. Anthony's Trampoline equipment. Goal is £2000



What is communication ? What do we communicate? How do we communicate? And perhaps the most important, WHY do we communicate?

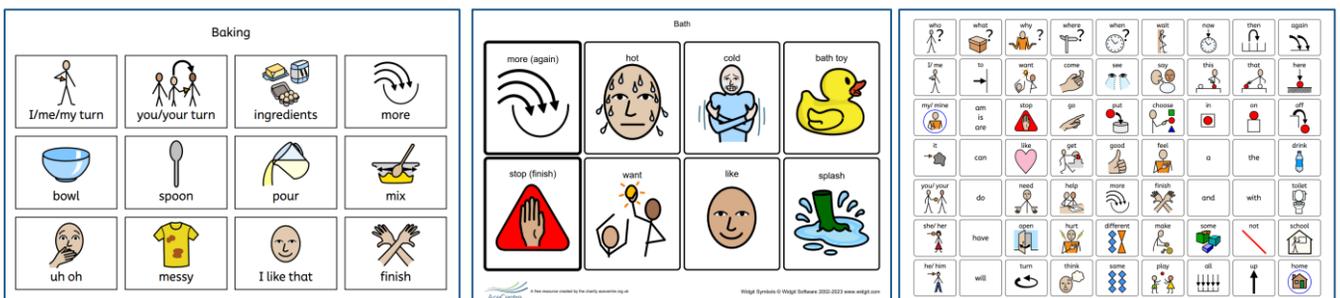
‘Beyond being "just" nouns/labels, the functions of language are to express thoughts and feelings, share information, build and maintain relationships, persuade others, and define cultural identity, making it crucial for individual expression, social order, learning, and societal understanding. Language is vital because it allows humans to connect, share experiences, and create shared realities, fostering cooperation and the transmission of knowledge across generations. ‘

WOW and you support your child to do all of that when they need Speech, Language and Communication support. AND is that all done with NOUNS? Let's look at what else we use at school as well as and instead of naming.

CORE LANGUAGE

- Core language uses useful everyday words that communicate a range of ideas across any setting to anyone.
- Research shows us that 80% of the words we use are CORE WORDS.
- So, we start Language learning with core words from the beginning, across the school day.
- Core words such as ‘more, stop, big’ are more difficult to picture than nouns like ‘apple’, ‘dog’, and ‘pig’.

The emphasis is on us to MODEL, MODEL, MODEL core language using symbols, visuals, MAKATON and saying them aloud. We do this for everyday activities which can also be done at home.



Aided language boards use core language and a few topic or ‘fringe’ words.

Come on a journey of language teaching and learning that gives us MORE.

Special School Menu 2025/26



Week 1

22nd Apr, 12th May, 9th Jun, 30th Jun, 21st Jul, 1st Sep, 22nd Sep, 13th Oct, 10th Nov, 1st Dec, 5th Jan, 26th Jan, 23rd Feb, 16th Mar			
MAINS	SIDES	DESSERT	
Option 1: Classic Macaroni Cheese V Option 2: Lentil & Sweet Potato Shepherdess Pie V	Country Mixed Vegetables VE & Peas VE	Chocolate & Orange Shortbread V	MON
Option 1: Sweet & Sour Chicken Option 2: Beany Enchiladas V	Rice VE Cauliflower VE & Sweetcorn VE	Apple & Cinnamon Sponges V & Custard V	TUES
Option 1: Roast Chicken Option 2: Golden Lentil Roast v	Swede VE & Chefs Choice Vegetables VE	Lemon & Ginger Oatcake V	WEDS
Option 1: Pork Sausages in Onion Gravy Option 2: Hearty Quorn Bolognese V	Mashed Potato VE Carrots VE & Green Beans VE	Fruit Smoothie VE	THURS
Option 1: Battered Fish Fillet Option 2: Crispy Chickpea	Chips VE Broccoli VE & Baked Beans VE	Banana Cake V	FRI

Week 2

28th Apr, 19th May, 16th Jun, 7th Jul, 8th Sept, 29th Sep, 20th Oct, 17th Nov, 8th Dec, 12th Jan, 2nd Feb, 2nd Mar, 23rd Mar			
MAINS	SIDES	DESSERT	
Option 1: Quorn Southern Spiced Burger in a Bun V Option 2: Cauliflower & Chickpea Cheese V	Peas, Sweetcorn VE & Chefs Choice VE	Chef's Oaty Fruit Crumble V & Custard V	MON
Option 1: Moroccan Style Lamb Pie Option 2: Hearty Quorn Sausage Casserole V	Mashed Potato VE Garden Peas VE & Swede VE	Diced Pear & Chocolate Whip V	TUES
Option 1: Chili Con Carne Option 2: Soy Power Balls in Tomato Sauce V	Rice VE Country Style Mixed Vegetables VE	Chef's Cookie V & Strawberry Milkshake V	WEDS
Option 1: Roast Chicken Option 2: Flaky Bean & Vegetable Wellington V	Roast Potatoes VE Cauliflower VE & Broccoli VE	Chocolate Iced Bun V	THURS
Option 1: Crispy Coated Fish Cake Option 2: Fragrant Lentil Curry & Rice VE	Herby Diced Potatoes VE Carrots VE & Peas VE	Fruit Flapjack V	FRI

Week 3

6th May, 2nd Jun, 23rd Jun, 14th Jul, 15th Sep, 6th Oct, 3rd Nov, 24th, 15th Dec, 19th Jan, 9th Feb, 9th Mar			
MAINS	SIDES	DESSERT	
Option 1: Cheese, Tomato & Pepper Pizza Slices V Option 2: Quorn in Saucy Tomato Pasta V	Herby Diced Potatoes VE Peas & Sweetcorn VE & Carrots VE	Blueberry Muffins V	MON
Option 1: Roast Pork Loin Option 2: Classic Quorn Fillets VE	Roast Potatoes VE Cabbage VE & Chefs Choice VE	Peach Cheesecake V	TUES
Option 1: Sticky BBQ Chicken Option 2: Baked Bean & Mushroom Lasagna V	Potato Wedges VE Mixed Salad VE & Colleslaw V	Orange Frosted Carrot Cake V	WEDS
Option 1: Lamb & Sweet Potato Curry & Rice Option 2: Cheesy Jacket Potatoes V	Broccoli VE & Baked Beans VE Colleslaw V	Fruit Salad VE & Strawberry Milkshake V	THURS
Option 1: Salmon & Tomato Pasta Option 2: Crunchy Vegetable Goujons VE	Mashed Potato VE Country Mixed Vegetables VE	Sultana Cookie V	FRI



FRESHLY BAKED BREAD V, WATER AND MILK V AVAILABLE DAILY. ADDITIONAL DESSERT OPTIONS - FRESH FRUIT VE & FRUIT YOGHURT. V VEGETARIAN & VE VEGAN OPTIONS



Special School Menu 2025/26



Special School Meal Information

Welcome to your new School meals menu for 2025/26. School meals are free for all pupils in Reception, Year 1, and Year 2 and for pupils who are entitled to Free School Meals. For pupils in other years meals can be ordered and paid for via the school.

Catering Services work with the Lead Association for Catering in Education (LACA) to ensure that our menus comply with the Government's School Food Standards. We have reduced sugar, salt and fat content on our menu and support local suppliers providing fresh meat and vegetables. Our meals are produced in school by our award-winning teams to support your child's lunchtime experience. We have recently partnered with ProVeg helping to make changes to our menu that can have a significant impact on children's health and the health of the planet.

How do I order and pay for a School meal?

All meals must be ordered via your school payment system please contact your school administrator. If you are entitled to Free School Meals or your child is in Reception, Year 1 or 2 the school will order for you direct to Catering Services and you do not need to contact the school after your initial order.

What happens if my child is sick and cannot attend School?

Please contact the school office as soon as possible to inform them your child will be absent and will not require their meal.

What happens if my child has a school trip?

Free School Meals and pupils in Reception, Years 1 & 2 will be provided with packed meals on trip days, the school will order directly with Catering Services. Paid meals should be ordered with your school as usual.

What if I require a special medical diet?

We can work with you and the school to support a medically prescribed special diet. Please ask for a Special Diet Request form from the school office, once completed return with the medical evidence to the school office. This request will then be passed to and reviewed by the Catering Services team and where possible a special diet meal will be provided.

How much does a school meal cost?

A school meal is currently £2.85, this may be subject to change in September 2025.

Free School Meals Eligibility

We would like to remind you that some families are entitled to Free School Meals. There are two important reasons why families should register for Free School Meals:

- students who are eligible receive a fresh nutritious hot Free School Meal every day.
- schools receive additional funding from the government for each eligible student who claims the Free School Meal allowance, even if the student does not regularly eat a meal.

The process for parents to submit applications for Free School Meals is now entirely online, and so schools will be unable to provide hardcopy forms or submit your application form for you. This system gives families an instant indication as to whether their child is eligible for Free School Meals and ensures that eligible children receive their entitlement as quickly as possible.

Link to the online Free School Meal application form: [Free school meals - West Sussex County Council](#)

The Catering Services Free School Meal team will then run further checks and confirm the outcome via email. You can contact the Catering Services Free School Meal team directly on 0330 222 5555 or at ism@westsussex.gov.uk for further assistance.

Other key contacts:

- Orders / Payments / Cancellations - Your school office.
- Special Diets - Your school office in the first instance.
- Catering Services Office Hours – 09.00 – 17:00, Mon-Fri.
- Compliments / Complaints/ Feedback catering.advisory.service@westsussex.gov.uk



The BFG Family Trail

While *The BFG* is on stage at Chichester Festival Theatre, the story spills out into the city from 28 March – 11 April with Chichester BID's phizz-whizzing BFG Family Trail.

Chidders are invited to explore the city of Chichester in search of colourful dream jars hiding in eight windows. Each dream jar features a wonderfully splendid word – with a letter highlighted. All you need to do is collect the letters from each word and unscramble them to create a new gobblefunk-inspired word to complete the trail.

Entries will be entered into a prize draw to win a £50 CFT Voucher and Roald Dahl goodies.

Where to start your adventure

Pick up a printed trail map from the CFT Box Office, participating city centre businesses, or download a copy and print one at home to use on your adventure -

<https://chichesterbid.co.uk/bfg-family-trail/>

How to crack the code

Once you've completed the trail and noted all the letters, unscramble them to make an 8-letter gobblefunk word.

How to enter

Enter online or drop your printed trail form into the CFT Box Office or take a photo of your completed paper trail and send to office@chichesterbid.co.uk. Closing date: 11 April 2026 at 5pm. T&Cs Apply.

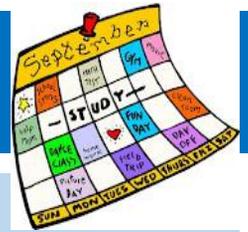
What's up for grabs

One lucky winner will receive a £50 CFT voucher and a bag of goodies. Plus five runners-up will win a Roald Dahl book, courtesy of Children's BookFest.

Celebrating stories together

The BFG Family Trail forms part of Chichester's Year of Reading: Go All In campaign, spearheaded by Children's BookFest with Chichester Festival Theatre and Chichester BID.

Term Dates



SPRING TERM 26

Thurs 19th – Fri 20th March
Friday 20th March

Sunday 22nd March
Friday 27th March

Year 6 Residential
Red Nose Day
FOSTA Bingo
FOSTA Sponsored Walk
Non-uniform Day
Term ends (2pm finish)

SUMMER TERM 26

Monday 13th April
Mon 27th Apr– Fri 1st May
Thur 30th Apr–Fri 1st May
Monday 4th May
Thursday 14th May
Friday 15th May
Wednesday 20th May
Mon 25th – Fri 29th May
Friday 26th June

Monday 29th June
Tuesday 30th June
Wednesday 22nd July

Term starts for pupils
Bikeability Week Year 6
Year 10 & 11 Belgium Trip
Bank Holiday
Y11 DofE overnight expedition
Junior Kids out on the Water
School Play
Half-term Holiday
Year 11 Last Day
Prom
Inset Day
Inset Day*
Non-uniform Day
Term ends (2pm finish)

*Extra Inset Day agreed by the Governing Body

AUTUMN TERM 26

Tue 1st – Wed 2nd Sept
Thursday 3rd Sept

Inset Days
Term starts for pupils

PARKLANDS RESIDENTS' ASSOCIATION

HAPPY EASTER

INVITES ALL CHILDREN TO AN

EASTER EGG HUNT & CRAFT PARTY

ON SATURDAY 04 APRIL FROM 2:00 PM TO 4:00 PM

AT THE SCOUT HUT, SHERBORNE ROAD

Crafts, Games, Cookie Decoration, Raffle Prizes Available,
and Best Easter Hat Competition to Be Won... Do not Forget
to Bring Loose Change...!
So Come Prepared!!!

ALL CHILDREN MUST BE ACCOMPANIED BY AN ADULT
AND PARKING WILL ONLY BE AVAILABLE TO ORGANISERS.



- If your child is absent for illness, appointment or any other reason please contact the school in the morning by telephone - 01243 785965 'or email - schooloffice@st-ants.org
- Please inform the school office of any contact details changes.
- Can all uniform be clearly labelled with the child's first and last name.
- If you pay for your child's school lunch can you please ensure that the balance does not go overdrawn.
- All school communication is by email and the My Child at School (MCAS) app. If you need any assistance with accessing the app please contact the school office.

Contact us



01243 785965



schooloffice@st-ants.org



www.st-ants.org



Woodlands Lane
Chichester
West Sussex
PO19 5PA